



AgeOptions Caregiver Resource Centers (CRC's)

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AgeOptions Caregiver Program – CRC's



9 Caregiver Resource Centers ([CRCs](#))

- Clients served:
 - Caregivers of older adults 60+
 - Caregivers of adults with disabilities (19-59)
 - Grandparents Raising Grandchildren/Kinship-Relative caregivers of non-biological children
 - Caregivers caring for a person living with ADRD

Services and Interventions

Support groups

Respite care

Counseling

Gap filling

Training and education

Information, resources and referrals

Memory café



Memory Cafés

Stigma-free social settings where people living with dementia and their care partners can meet others and enjoy time together!

- [Memory Café Directory 2022](#)
- Memory café website - <https://www.ageoptions.org/services-and-programs/memory-cafe/>



Grandparents and other Relatives Raising Children Program

Caregiver Resource Centers also provide support to non-parent relatives of any age* or 55+ raising children under the age of 19

- support groups
- counseling
- gap filling*

For relatives raising children who want to learn more, click [here](#) for English and [here](#) for Spanish.



Caregiver Resource Centers (CRCs)

North	<u>North Shore Senior Center Northfield</u> (Main, New Trier, & Northfield townships) (847)784-6040	<u>Kenneth Young Center</u> (Elk Grove & Schaumburg townships) (847)524-8800	<u>Catholic Charities Northwest</u> (Barrington, Hanover, Palatine, & Wheeling townships) (847)253-5500
	<u>North Shore Senior Center Niles</u> (Evanston & Niles townships) (847)864-3721		
West	<u>Oak Park Township Senior Services</u> (Oak Park & River Forest townships) (708)383-8060	<u>Aging Care Connections</u> (Lyons, Riverside, Proviso, Leyden, & Norwood Park townships) (708)354-1323	<u>Solutions for Care</u> (Berwyn & Cicero townships) (708)447-2448
South	<u>Stickney Township Office on Aging</u> (Stickney Township) (708)636-8850	<u>Pathlights</u> (Lemont, Orland, Palos & Worth townships) (708)361-0219	<u>Catholic Charities South Suburban Senior Services</u> (Bloom, Bremen, Calumet, Rich, & Thornton townships) (708)596-2222

