



Connecting Older Adults with Community-based Resources and Options

## Nutrition Request for Proposals FY 2020 - FY 2022 Appendices

### Demographic Appendices Reference Materials for Appendices 1

This document is meant to help applicants understand the demographic data located in the RFP appendices 1. The information in this document is primarily based on the United States Census and the American Community Survey definitions. More information can be found on the United States Census Bureau Help webpage: <http://www.census.gov/main/www/help.html>  
If your question is not answered by this document please contact Kim McCahill  
([Kim.McCahill@ageoptions.org](mailto:Kim.McCahill@ageoptions.org))

The data provided in the appendices should be particularly helpful in these sections of the application: developing your needs statement, identifying your target population, and describing the cultural and language needs of your population.

#### Appendix 1

##### Poverty

The Census Bureau measures poverty using the Office of Management and Budget's (OMB) Statistical Policy Directive. The Census Bureau uses a set of poverty thresholds that vary by family size and age to determine who is in poverty. For instance, the poverty threshold for an individual over 65 and living alone is \$11,756.

If a family's total income is less than the family's threshold, then that family and every individual in it is considered in poverty. The official poverty thresholds do not vary geographically, but they are updated for inflation using Consumer Price Index (CPI-U). The official poverty definition uses money income before taxes and does not include capital gains or noncash benefits (such as public housing, Medicaid, and food stamps). Many government programs use a different poverty measure: the Department of Health and Human Services (HHS) poverty guidelines.

##### Race/Ethnicity

**White (Alone) Non-Hispanic:** A person having origins in any of the original peoples of Europe, the Middle East, or North Africa. It includes people who indicate their race as "White" or report entries such as Irish, German, Italian, Lebanese, Arab, Moroccan, or Caucasian.

**American Indian or Alaska Native:** A person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment. This category includes people who indicate their race as "American Indian or Alaska Native" or report entries such as Navajo, Blackfeet, Inupiat, Yup'ik, or Central American Indian groups, or South American Indian groups.

**Asian:** A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam. It includes people who indicate their race as



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“Asian Indian,” “Chinese,” “Filipino,” “Korean,” “Japanese,” “Vietnamese,” and “Other Asian” or provide other detailed Asian responses.

**African American:** A person having origins in any of the Black racial groups of Africa. It includes people who indicate their race as “Black, African American” or report entries such as Kenyan, Nigerian, or Haitian.

**Native Hawaiian or Pacific Islander:** A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands. It includes people who indicate their race as “Native Hawaiian,” “Guamanian or Chamorro,” “Samoan,” and “Other Pacific Islander” or provide other detailed Pacific Islander responses.

**Some Other Race:** Includes all other responses not included in the “White,” “Black or African American,” “American Indian or Alaska Native,” “Asian,” and “Native Hawaiian or Other Pacific Islander” race categories described above. Respondents reporting entries such as multiracial, mixed, interracial, or a Hispanic, Latino, or Spanish group (for example, Mexican, Puerto Rican, Cuban, or Spanish) in response to the race question are included in this category.

**Two or More Races:** People may choose to provide two or more races either by checking two or more race response check boxes, by providing multiple responses, or by some combination of check boxes and other responses. The race response categories shown on the questionnaire are collapsed into the five minimum race groups identified by OMB, and the Census Bureau’s “Some Other Race” category. For data product purposes, “Two or More Races” refers to combinations of two or more of the following race categories:

1. White
2. Black or African American
3. American Indian or Alaska Native
4. Asian
5. Native Hawaiian or Other Pacific Islander
6. Some Other Race

**Latino:** People who identify their origin as Hispanic, Latino, or Spanish may be of any race. Origin can be viewed as the heritage, nationality group, lineage, or country of birth of the person or the person’s parents or ancestors before their arrival to the United States.

### Limited English Speaking

Respondents who reported speaking a language other than English were asked to indicate their English-speaking ability based on one of the following categories: “Very well,” “Well,” “Not well,” or “Not at all.” Those who answered “Well,” “Not well,” or “Not at all” are sometimes referred as “Less than very well.” In this table the Limited English Speaking Population are respondents who reported speaking English “less than very well.”

### **Appendix 1.a**

To learn more about the *municipality-level* data trends within your area, reference information at the following link from the Chicago Metropolitan Agency for Planning (CMAP) website:



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<https://www.cmap.illinois.gov/data/community-snapshots>

This area of the CMAP website contains a set of Community Data Snapshots that summarize demographics, housing, employment, transportation habits, retail sales, property values, and land use in metropolitan Chicago's 284 municipalities. This website can be used to search specific municipalities to learn about data trends and community characteristics for a given area.

**Appendices 1.b-e**

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**Age by Township**

Source: 2013-2017 American Community Survey 5 Year estimates, Table S0101

Township	Total Population	Age 60-64		Age 65-69		Age 70-74		Age 75-79		Age 80-84		Age 85+		Total 60+		Total 75+		Total 85+		% of population that is over the age of 75		% of population that is over the age of 85	
		a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r	s	t	u	v
Barrington	16,041	1,361	1,180	710	338	337	357	4,283	1,032	357	337	855	9,136	2,368	855	10,911	2,833	855	26,700	6.43%	2.23%	6.43%	2.23%
Berwyn	56,367	3,270	1,994	1,407	985	813	802	9,271	2,600	802	813	1,698	18,637	5,612	1,698	20,422	6.15%	1.86%	16.45%	4.61%	1.42%	4.61%	1.42%
Bloom	91,247	5,458	4,208	3,359	2,236	1,678	2,352	23,628	6,883	2,352	2,058	3,366	40,077	9,077	3,366	43,743	4.37%	1.62%	20.42%	6.23%	2.13%	6.23%	2.13%
Bremen	110,567	7,566	5,562	3,617	2,473	1,819	2,336	23,628	6,883	2,352	2,058	3,366	40,077	9,077	3,366	43,743	4.37%	1.62%	20.42%	6.23%	2.13%	6.23%	2.13%
Calumet	20,772	1,422	1,017	661	337	234	336	4,007	907	336	234	855	9,136	2,368	855	10,911	2.83%	1.02%	19.29%	4.37%	1.62%	4.37%	1.62%
Cicero	83,735	3,122	2,049	1,597	936	577	855	9,136	2,368	855	577	1,882	19,998	7,238	1,882	21,433	7.76%	2.02%	10.91%	2.83%	1.02%	2.83%	1.02%
Elk Grove	93,333	5,015	4,584	3,161	2,878	2,478	2,017	15,259	4,688	2,017	1,233	2,017	15,259	4,688	2,017	20,200	6.20%	2.67%	21.43%	7.76%	2.02%	7.76%	2.02%
Evanston	75,557	4,440	3,395	2,736	1,438	1,233	1,032	16,417	3,884	1,032	1,189	1,852	7,000	1,852	1,852	24,833	8.47%	3.20%	16.24%	3.84%	1.02%	3.84%	1.02%
Hanover	101,074	5,534	4,169	2,830	1,663	1,189	1,032	16,417	3,884	1,032	1,189	1,852	7,000	1,852	1,852	24,833	8.47%	3.20%	16.24%	3.84%	1.02%	3.84%	1.02%
Lemont	21,872	1,302	1,400	877	586	566	700	5,431	1,852	700	566	1,852	7,000	1,852	1,852	24,833	8.47%	3.20%	24.83%	8.47%	3.20%	8.47%	3.20%
Leyden	92,810	5,635	4,296	2,908	2,466	1,670	1,933	18,908	6,069	1,933	1,670	2,368	24,104	7,650	2,368	27,762	6.54%	2.08%	20.37%	6.54%	2.08%	6.54%	2.08%
Lyons	113,017	7,024	5,571	3,859	2,996	2,286	2,368	24,104	7,650	2,368	2,286	2,368	24,104	7,650	2,368	27,762	6.77%	2.10%	21.33%	6.77%	2.10%	6.77%	2.10%
Maine	136,573	9,132	7,164	5,363	4,853	3,659	4,307	34,478	12,819	4,307	3,659	4,307	34,478	12,819	4,307	40,197	9.39%	3.15%	25.25%	9.39%	3.15%	9.39%	3.15%
New Trier	56,451	3,547	3,139	2,567	1,496	1,138	1,501	13,388	4,135	1,501	1,138	1,501	13,388	4,135	1,501	23,722	7.32%	2.66%	13.388	7.32%	2.66%	7.32%	2.66%
Niles	106,073	8,226	6,706	5,163	3,689	3,018	4,305	31,107	11,012	4,305	3,018	4,305	31,107	11,012	4,305	37,722	10.38%	4.06%	29.33%	10.38%	4.06%	10.38%	4.06%
Northfield	87,457	5,950	5,358	3,948	3,663	3,187	4,168	26,274	11,018	4,168	3,187	4,168	26,274	11,018	4,168	30,042	12.60%	4.77%	30.04%	12.60%	4.77%	12.60%	4.77%
Norwood Park	26,404	2,227	1,454	1,165	1,116	749	1,010	7,721	2,875	1,010	749	1,010	7,721	2,875	1,010	9,596	10.89%	3.83%	29.24%	10.89%	3.83%	10.89%	3.83%
Oak Park	52,229	3,425	2,850	1,596	1,016	704	912	10,503	2,632	912	704	912	10,503	2,632	912	12,135	5.04%	1.75%	20.11%	5.04%	1.75%	5.04%	1.75%
Orland	99,785	7,876	5,558	4,456	2,993	2,548	2,189	25,620	7,730	2,189	2,548	2,189	25,620	7,730	2,189	28,358	7.75%	2.19%	25.68%	7.75%	2.19%	7.75%	2.19%
Palatine	113,815	7,199	5,072	3,659	2,581	1,871	1,572	21,954	6,024	1,572	1,871	1,572	21,954	6,024	1,572	24,526	5.29%	1.38%	19.29%	5.29%	1.38%	5.29%	1.38%
Palos	54,887	3,691	3,226	2,653	1,989	1,633	1,644	14,836	5,266	1,644	1,633	1,644	14,836	5,266	1,644	16,480	9.59%	3.00%	27.03%	9.59%	3.00%	9.59%	3.00%
Proviso	151,606	8,631	6,885	5,436	3,726	2,922	3,316	30,916	9,964	3,316	2,922	3,316	30,916	9,964	3,316	33,632	6.57%	2.19%	20.39%	6.57%	2.19%	6.57%	2.19%
Rich	77,164	5,551	4,610	2,900	2,077	1,397	1,725	18,260	5,199	1,725	1,397	1,725	18,260	5,199	1,725	20,985	6.74%	2.24%	23.66%	6.74%	2.24%	6.74%	2.24%
River Forest	11,215	671	557	447	223	244	300	2,442	767	300	244	300	2,442	767	300	2,742	6.84%	2.67%	21.77%	6.84%	2.67%	6.84%	2.67%
Riverside	15,542	1,277	699	617	377	279	474	3,723	1,130	474	279	474	3,723	1,130	474	4,853	7.27%	3.05%	23.95%	7.27%	3.05%	7.27%	3.05%
Schaumburg	132,008	8,962	6,688	4,911	2,966	2,267	1,859	27,653	7,092	1,859	2,267	1,859	27,653	7,092	1,859	30,545	5.37%	1.41%	20.95%	5.37%	1.41%	5.37%	1.41%
Stickney	40,921	2,345	1,987	1,248	747	1,049	694	8,070	2,490	694	1,049	694	8,070	2,490	694	9,764	6.08%	1.70%	19.72%	6.08%	1.70%	6.08%	1.70%
Thornton	169,384	10,771	7,334	5,484	4,237	3,075	2,861	33,762	10,173	2,861	3,075	2,861	33,762	10,173	2,861	36,635	6.01%	1.69%	19.93%	6.01%	1.69%	6.01%	1.69%
Wheeling	155,311	10,351	8,085	5,803	4,619	3,508	5,033	37,399	13,160	5,033	3,508	5,033	37,399	13,160	5,033	40,913	8.47%	3.24%	24.08%	8.47%	3.24%	8.47%	3.24%
Worth	152,738	9,729	7,965	5,502	4,652	3,326	3,395	34,569	11,373	3,395	3,326	3,395	34,569	11,373	3,395	37,964	7.45%	2.22%	22.63%	7.45%	2.22%	7.45%	2.22%
<b>Total</b>	<b>2,515,955</b>	<b>160,710</b>	<b>124,762</b>	<b>90,640</b>	<b>66,352</b>	<b>51,693</b>	<b>57,597</b>	<b>551,754</b>	<b>175,642</b>	<b>57,597</b>	<b>51,693</b>	<b>57,597</b>	<b>551,754</b>	<b>175,642</b>	<b>57,597</b>	<b>663,526</b>	<b>6.98%</b>	<b>2.29%</b>	<b>21.93%</b>	<b>6.98%</b>	<b>2.29%</b>	<b>6.98%</b>	<b>2.29%</b>

## 60+ Minority by Township

Source: 2013-2017

Township	60+ Minority Population
S0102	
Barrington	849
Berwyn	4,330
Bloom	8,797
Bremen	8,482
Calumet	3,187
Cicero	6,642
Elk Grove	3,680
Evanston	4,410
Hanover	5,319
Lemont	309
Leyden	4,765
Lyons	3,929
Maine	7,758
New Trier	1,165
Niles	9,332
Northfield	3,442
Norwood Park	803
Oak Park	3,329
Orland	2,511
Palatine	3,293
Palos	1,320
Proviso	16,076
Rich	10,536
River Forest	362
Riverside	369
Schaumburg	6,443
Stickney	1,864
Thornton	23,431
Wheeing	4,263
Worth	6,222
Total	157,218

## Poverty Status in the past 12 months (for whom poverty status is determined)

2013-2017 American Community Survey 5 year estimates

Table S1701

Townships	Total Population	Total Population below Poverty	Percent of Total Population below poverty	Total 60+	Total 60+ below poverty	Percent 60+ below poverty	Total 65+	Total 65+ below poverty	Percent 65+ below poverty
a	b	c	d	e	f	g	h	i	j
			c/b			f/e			j/h
Barrington	15,811	763	4.8%	4,101	283	6.9%	2740	170	6.2%
Berwyn	56,093	7,185	12.8%	9,227	960	10.4%	5964	578	9.7%
Bloom	90,098	18,011	20.0%	18,019	2,390	13.3%	12585	1458	11.6%
Bremen	110,012	15,121	13.7%	23,369	2,351	10.1%	15835	1665	10.5%
Calumet	20,772	3,986	19.2%	4,007	592	14.8%	2585	289	11.2%
Cicero	82,783	16,415	19.8%	8,746	1,248	14.3%	5672	681	12.0%
Elk Grove	93,138	7,244	7.8%	19,850	1,544	7.8%	14849	1160	7.8%
Evanston	68,574	9,138	13.3%	14,246	1,092	7.7%	9950	753	7.6%
Hanover	100,441	8,871	8.8%	16,128	1,086	6.7%	10615	660	6.2%
Lemont	21,501	1,352	6.3%	5,225	362	6.9%	3923	311	7.9%
Leyden	92,193	10,128	11.0%	18,550	1,603	8.6%	12922	1110	8.6%
Lyons	111,530	11,572	10.4%	23,247	1,782	7.7%	16351	1252	7.7%
Maine	134,562	12,114	9.0%	32,993	2,608	7.9%	24018	1901	7.9%
New Trier	56,321	1,765	3.1%	13,312	601	4.5%	9768	476	4.9%
Niles	104,619	9,169	8.8%	29,991	2,532	8.4%	21846	1938	8.9%
Northfield	86,088	4,364	5.1%	25,145	1,211	4.8%	19325	866	4.5%
Norwood	25,954	2,245	8.6%	7,315	773	10.6%	5113	582	11.4%
Oak Park	51,803	4,322	8.3%	10,288	1,091	10.6%	6881	666	9.7%
Orland	99,203	5,646	5.7%	25,234	1,170	4.6%	17391	911	5.2%
Palatine	113,174	9,819	8.7%	21,652	1,403	6.5%	14475	951	6.6%
Palos	54,299	6,227	11.5%	14,432	1,052	7.3%	10784	805	7.5%
Proviso	150,168	17,706	11.8%	30,246	2,959	9.8%	21739	2264	10.4%
Rich	76,689	10,054	13.1%	18,001	1,589	8.8%	12518	1210	9.7%
River Forest	10,280	470	4.6%	2,436	83	3.4%	1771	39	2.2%
Riverside	15,393	1,188	7.7%	3,580	183	5.1%	2324	48	2.1%
Schaumburg	131,079	7,667	5.8%	26,941	1,788	6.6%	18008	1121	6.2%
Stickney	40,648	4,150	10.2%	7,914	663	8.4%	5587	502	9.0%
Thornton	167,309	36,355	21.7%	32,717	3,898	11.9%	22087	2537	11.5%
Wheeling	153,891	10,318	6.7%	36,442	2,505	6.9%	26113	2009	7.7%
Worth	150,542	17,775	11.8%	33,449	2,596	7.8%	23874	1771	7.4%
Total	2,484,968	271,140	10.9%	536,803	43,998	8.2%	377,613	30,684	8.1%

## Age 65 and over Living Alone by Township

2013-2017 American Community Survey 5 year estimates

Table B11010

Township	Estimate Males 65+ Living Alone	Estimate Females 65+ Living Alone	Total Estimated 65+ Living Alone	Of those 65+, percent that are Male	Of those 65+, percent that are Female
a	b	c	d	e	f
			b+c	b/d	c/d
Barrington	46	455	501	9%	91%
Berwyn	773	897	1,670	46%	54%
Bloom	1,232	2,514	3,746	33%	67%
Bremen	1,355	3,690	5,045	27%	73%
Calumet	464	525	989	47%	53%
Cicero	386	679	1,065	36%	64%
Elk Grove	1,540	3,123	4,663	33%	67%
Evanston	1,102	2,568	3,670	30%	70%
Hanover	635	1,797	2,432	26%	74%
Lemont	247	674	921	27%	73%
Leyden	1,202	2,592	3,794	32%	68%
Lyons	1,286	3,176	4,462	29%	71%
Maine	1,669	5,247	6,916	24%	76%
New Trier	561	1,743	2,304	24%	76%
Niles	1,448	4,203	5,651	26%	74%
Northfield	1,308	4,288	5,596	23%	77%
Norwood	425	962	1,387	31%	69%
Oak Park	889	1,621	2,510	35%	65%
Orland	1,055	3,427	4,482	24%	76%
Palatine	1,076	2,926	4,002	27%	73%
Palos	605	2,448	3,053	20%	80%
Proviso	2,029	4,969	6,998	29%	71%
Rich	1,254	3,177	4,431	28%	72%
River Forest	214	239	453	47%	53%
Riverside	251	370	621	40%	60%
Schaumburg	948	3,464	4,412	21%	79%
Stickney	373	1,180	1,553	24%	76%
Thornton	2,095	4,622	6,717	31%	69%
Wheeling	1,761	5,970	7,731	23%	77%
Worth	2,054	5,651	7,705	27%	73%
<b>Total</b>	<b>30,283</b>	<b>79,197</b>	<b>109,480</b>	<b>28%</b>	<b>72%</b>