

AgeOptions Food Delivery (Meal Kit) Eligibility Guidelines

Eligibility Requirements include all the following:

- a. Age 60 or older,
- b. Service area is suburban Cook County, Illinois,
- c. Frail **and/or** homebound for periods of three days or more because of acute or chronic illness or incapacitating illness, but has an adult present in the home for all or part each day who can prepare meals,
- d. Is isolated or is unable to shop for or obtain food from another source, but is able to prepare meals for themselves, and/or has an adult present in the home for all or part each day who can prepare meals,
- e. Not receiving meals or food from another source,
- f. Special dietary needs of the client can be met by the Food Deliveries,
- g. Client agrees to cooperate in the delivery procedures of the nutrition program provider.

Food Deliveries are not an “entitlement” program, meaning that there are limited dollars available for this program. The Area Agency on Aging is responsible for assuring that the clients who receive the service do not have access to other resources or programs that may substitute for the service.

If an older adult is not eligible to receive Food Deliveries and/or is terminated from the Food Delivery Program, the Case Manager should encourage that older adult to participate in the congregate meal program if able.

Effective 10/01/2023