

## Contact an Agency in Your Area

Services and programs are available to people with disabilities aged 18 and over and adults aged 60 and over.

North Suburbs	West Suburbs	South Suburbs
<p><b>Barrington, Hanover, and Wheeling Townships</b></p> <p>Catholic Charities Northwest (847)253-5500</p>	<p><b>Berwyn, Cicero, and North Proviso Township</b> (excluding Brookfield and LaGrange Park)</p> <p>Solutions for Care (708)447-2448</p>	<p><b>Bloom, Bremen, Calumet, Rich and Thornton Townships</b></p> <p>South Suburban Senior Services of Catholic Charities (708)596-2222</p>
<p><b>Elk Grove and Schaumburg Townships</b></p> <p>Kenneth Young Center (847)524-8800</p>	<p><b>Lyons, Riverside, and Norwood Townships</b> (Including Brookfield and LaGrange Park)</p> <p>Aging Care Connections (708)354-1323</p>	<p><b>Lemont, Orland, Palos and Worth Townships</b></p> <p>Pathlights (708)361-0219</p>
<p><b>Evanston and Niles Townships</b></p> <p>North Shore Senior Center - Niles Office (847)784-6000</p>	<p><b>Oak Park and River Forest Townships</b></p> <p>Oak Park Township Senior Services (708)383-8060</p>	<p><b>Stickney Township</b></p> <p>Stickney Township Office on Aging (708)636-8850</p>
<p><b>Maine, New Trier, and Northfield Townships</b></p> <p>North Shore Senior Center - Northfield Office (847)784-6000</p>	<p><b>Leyden Township</b></p> <p>Leyden Family Services Senior Citizens Program (847)451-0330</p>	<p><b>Palatine Township</b></p> <p>Palatine Township Senior Citizens Council (847)991-1112</p>
<p><b>Check out AgeOptions' referral portal:</b>  <a href="https://services.ageoptions.org/">https://services.ageoptions.org/</a>  <b>to find resources near you!</b></p>		
Suburban Cook Cultural Services and Support		
<p><b>Hispanic/Latino Communities</b></p> <p>Alivio Medical Center (773)254-1400</p>	<p><b>Arab American Communities</b></p> <p>Arab American Family Services (708)599-2237</p>	<p><b>Korean Communities</b></p> <p>Hanul Family Alliance (847)439-5195</p>
<p><b>Indo-Asian Communities</b></p> <p>Metropolitan Asian Family Services (847)824-9414</p>	<p><b>Chinese American Communities</b></p> <p>Xilin Senior Services (847)607-6555</p>	
Countywide Information and Assistance		
<p><b>Suburban Cook County</b></p> <p>AgeOptions (708)383-0258</p>	<p><b>City of Chicago</b></p> <p>Chicago Department of Family and Support Services – Senior Services (312)744-4016</p>	<p><b>Collar Counties Outside of Cook County</b></p> <p>AgeGuide (800)528-2000</p>