



Library CARES  
Q2 FY 2024 Meeting  
March 19, 2024

## Objectives:

- **Welcome!**
- **FY24 Administrative Reporting**
  - Reporting and Spend Down
  - SAM
  - Library Program Evaluation Survey for FY24
- **Trialta**
- **AgeOptions Nutrition Program**
- **Thrive with Pride**
- **Share & Tell and Success Stories**
- **Q&A, Requests, Adjourn**

# FY24 Administrative Details

## Q2 FY24 Reporting Form by 04.05.24

- Please use **only** the most recent version (**As of 09.13.2023**)
- Can be found on the updated Partner Webpage/my emails
- Unique Participants and units as hours
- Please turn in as soon as possible (starting now)

## Quarterly Spend Down

- Must be spent or committed by September 30, 2024

## Continue submitting

- Success Stories
- Photo Submissions



# FY24 Due Dates

Quarterly Reports and Spend Down are due the Friday of the week following quarter-end by close of business:

- ~~Friday, January 5<sup>th</sup>, 2024~~
- Friday, April 5<sup>th</sup>, 2024
- Friday, July 5<sup>th</sup>, 2024
- Friday, October 4<sup>th</sup>, 2024



# FY24 Quarterly Mandatory Meeting Dates

At least one person must be in attendance from each partner library at *each quarterly meeting*:

- ~~Tuesday, December 12<sup>th</sup>, 2023~~
- Tuesday, March 19<sup>th</sup>, 2024
- Tuesday, June 18<sup>th</sup>, 2024
- Tuesday, September 24<sup>th</sup>, 2024



# FY 2024

## FY24 Reporting Form

AgeOptions FY2024 ARPA Funding					
Library CARES Program					
Quarterly Reporting Form. (Last Updated on: September 13, 2023)					
Agency Name					
Reports are due the following:					
Due date		Reporting Period		Check-one below:	
Friday, January 5, 2024		October 1, 2023 - December 31, 2023			
Friday, April 5, 2024		January 1, 2024 - March 31, 2024			
Friday, July 5, 2024		April 1, 2024 - June 30, 2024			
Friday, October 4, 2024		July 1, 2024 - September 30, 2024			
PART 1 - Events/Programs Provide an overview of the Programs/Events hosted/facilitated this quarter					
(i.e., provide knowledge & skills through structured, group-oriented presentations, lectures or classes activities that foster health & social well-being of individuals through social interaction & constructive use of time.					
Title /Description of Activity/Program	Program Date	Duration (Hours)	Total number of people who	Total number of NEW* participants this	Total units



FY 2024

# FY24 Reporting Form

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Title/Description of Activity/Program	Program Date (mm/dd)	Duration (Hours)	Total number of people who participated	Total number of NEW* participants this Quarter	Total units



# FY 2024

# New FY24 Reporting Form

\*Why are we asking for "NEW" people reached?

We are ultimately asking for a unique count of individuals reached this FY by service (e.g. Event/Program). So for example, your 1st Event/Program after Oct 1 will have everyone as "new". For each event after, tell us if there was anyone who has not been to an event this FY.

**PART 2 - Narrative**

Please share a success story for this quarter. This could be a story of an individual impacted by your support or a story about a successful program or event that you hosted during this time.

[Click here to complete our online form to collect stories](#)

**PART 3 - Expenditures for this reporting quarter**

Personnel	Technology	Equipment / supplies	Other	Total expenses
				\$0.00

A signed copy of this report should be sent to [Laona.Fleischer@ageoptions.org](mailto:Laona.Fleischer@ageoptions.org).  
We prefer Excel to PDF as it is easier for us to aggregate data. Please feel free to insert a scanned signature.

I certify that this report is true and accurate.

Signature	Name (print)
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# FY24 Quarterly Reporting

## Helpful Tips:

- Merge “like” programs (Chair Yoga for the month)
- Record the length of the program in hours or quarter hours
- Capture those new (unique) participants
- Funds are to be used for older adults 60+



# Renew Your SAM

## Don't Wait!

- APEX – Chris Hollingsworth
- SAM Renewal on Library partner page
- Renew at any time – sooner is easier than later



# Renew Your SAM

## Library Partner Page

### SAM Renewal

Learn how to apply for or renew your SAM (System Award Management) registration [here](#).

- [A Quick Guide to Finding Your SAM UEI and Expiration Date](#)
- [SAM Renewal Presentation Slides](#)
- [Recording of Live Session, 02.22.2022](#)
  - To watch this recording, please enter passcode: %ieuk72V
- Contact for SAM registration or renewal assistance, click [here](#)
- Chris Hollingsworth, Director, Illinois APEX Accelerator at The Joseph Center® can be reached at [chollingsworth@jbs.edu](mailto:chollingsworth@jbs.edu)



Fiscal Year 2024

# Library Program Evaluation Survey Online Version



## AgeOptions FY24 Library Program Evaluation Survey

The Library programming is made possible with funding from AgeOptions. Your responses to this anonymous survey help us understand the reach and impact of programs like this. Thank you for participating in your local library's programming and thank you for your response to the following questions.



# Fiscal Year 2024

## Library Program Evaluation Survey Paper Version



[Insert Library Logo HERE]

### AgeOptions FY24 Library Program Evaluation Survey

The library programming is made possible with funding from AgeOptions. Your responses to this anonymous survey help us understand the reach and impact of programs like this. Thank you for participating in your local library's programming and thank you for your response to the following questions.

1. As a result of participating in my library's programming for people 60 or older: *(Please select the single best answer for each statement).*

Question	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
I feel more connected to my <b>community</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel more connected to <b>individuals</b> who also attended	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I made <b>new friends</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

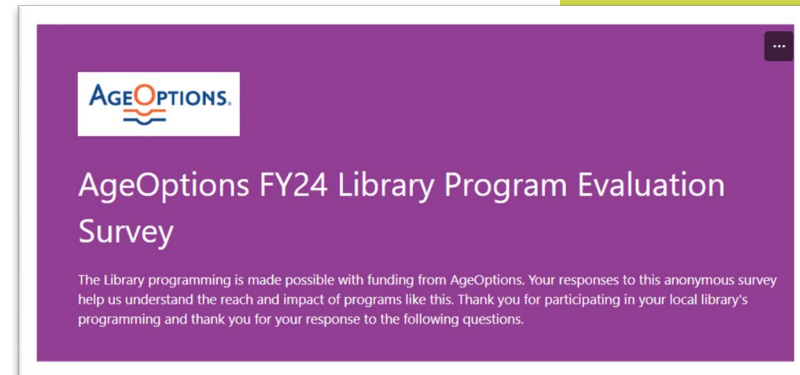


Fiscal Year 2024

# Library Program Evaluation Survey

## New survey

- January-September 2024
- Goal-have patrons fill out at least once during FY24
- Focus: Who are we reaching?
- Paper or online on webpage



Fiscal Year 2024

# Library Program Evaluation Survey

## Three Parts

- **Library identification**
- **Library Program Evaluation**
- **Demographic data**



Fiscal Year 2024

# Library Program Evaluation Survey Demographics Questions

- **Age**
- **Ethnicity**
- **Race**
- **Gender**
- **Sexual Orientation**
- **Household Income**

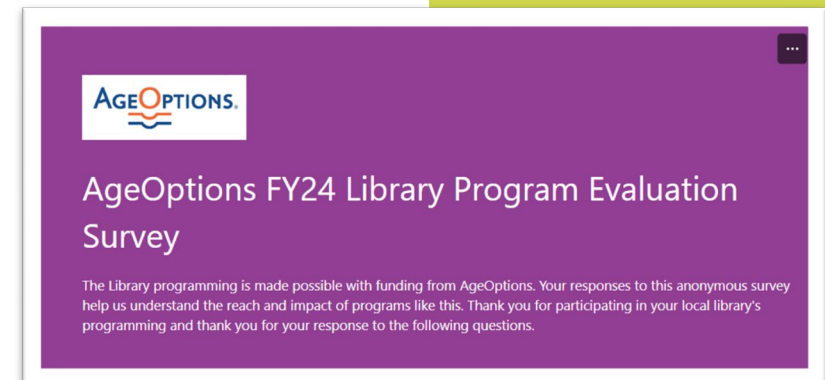




Fiscal Year 2024

# Library Program Evaluation Survey Demographics Questions

***“Prefer not to answer”***  
***is always an option when filling  
out the survey***



**Trualta**  
**Cristina Diaz, Caregiver Programs**  
**Coordinator, AgeOptions**

Trualta





# AgeOptions – Trualta Partnership

Library Program Meeting  
March 19, 2024

# AgeOptions Caregiver Program – CRC's



## 9 Caregiver Resource Centers ([CRCs](#))

- Clients served:
  - Caregivers of older adults 60+
  - Caregivers of adults with disabilities (19-59)
  - Grandparents Raising Grandchildren/Kinship-Relative caregivers of non-biological children
  - Caregivers caring for a person living with ADRD

## Services and Interventions

Support  
groups

Respite care

Counseling

Gap filling

Training and  
education

Information,  
resources and  
referrals

Memory café



# AgeOptions – Trualta Partnership

An online-learning platform with free, accessible, and interactive educational trainings and resources for family and informal (unpaid) caregivers!

- Short quick (5 minute):
  - Informational videos
  - Audio recordings of articles and lessons
- Video on demand library
- Organized events to attend virtually
- Caregiving skills and self-care strategies

[ageoptions-caregivers.com](https://ageoptions-caregivers.com)



## How Do I Provide The Best Care?

You're tired of general information. Our learning platform addresses real issues, showing you how with in-depth lessons, practical steps, and guided support from a care manager.

Log In

[Forgot Your Password?](#)

Log In

Don't Have An Account?

Sign Up

# Let's look at the platform!

- <https://ageoptions-caregivers.com/>



# Book Marks:



**Caring for your loved one but  
don't know where to start?**

**Let Trualta & AgeOptions help you  
on your caregiving journey!**

- Explore options for challenging behaviors
- Discover ways to connect with your loved one
- Share and learn with fellow caregivers

Scan me with  
your camera  
to visit!

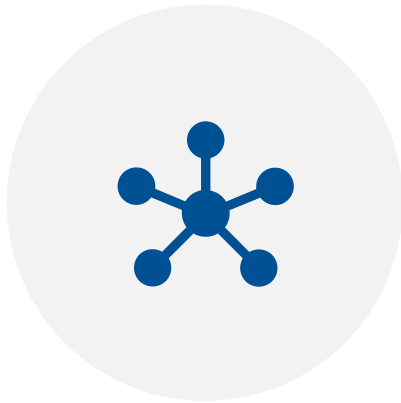


**FREE  
Caregiver  
Program!**

**Visit [ageoptions-caregivers.com](https://ageoptions-caregivers.com)**

# Our Ask – help us spread the word!

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Display Trualta marketing materials  
- Give out the bookmarks!



Set Trualta as a primary page  
or homepage on your  
computers



Share about Trualta in your  
newsletters, social media  
blasts, etc.!



# Thank you and stay in touch!

## AgeOptions Caregiver Programs Team:

- Cristina Diaz, Caregiver Programs Coordinator  
[Cristina.Diaz@ageoptions.org](mailto:Cristina.Diaz@ageoptions.org)
- Cynthia Ayala, Caregiver and Dementia Programs Specialist  
[Cynthia.Ayala@ageoptions.org](mailto:Cynthia.Ayala@ageoptions.org)
- Kim McCahill, Director, Planning, Program Design and Grants Management  
[Kim.McCahill@ageoptions.org](mailto:Kim.McCahill@ageoptions.org)
- Robert Mapes, Director of Program and Community Support  
[Robert.Mapes@ageoptions.org](mailto:Robert.Mapes@ageoptions.org)



# AgeOptions Referral Page

Provider Referrals

Search

Contact Us

About AgeOptions

AGEOPTIONS®

Welcome to the AgeOptions referral page!

**Older Adults, Caregivers, and Discharge Planners:** This web page allows you to find contact information for your local Care Coordination Unit (CCU), using your home address, for any of the following services: Home Delivered Meals; Caregiver Services (select Caregiver Resource Center); Adult Protective Services; Information and assistance, benefits, and anything else not listed (select Aging and Disability Resource Network).

Contacting the CCU will initiate the process to determine eligibility and connection to those services.

**Managed Care Organizations (MCOs):** You can use this web page to find meal providers for your clients, and make referrals to the proper provider for AgeOptions supported home delivered meal service.

What are you looking for?

Please select...



# AgeOptions Nutrition Program

## Phillip Lanier, Nutrition Specialist

Home Delivered Meals

Congregate Meal Sites

Farmers Market Coupons





# AgeOptions Nutrition Programs

March 19, 2024



AgeOptions administers  
Programs funded under  
the Older Americans Act  
(OAA)

## General Program Features

- For people 60+ years old.
- Live in suburban Cook County.
- Meals meet federal dietary standards.
- No income qualification for most programs.
- Donation requested, never required.



# CONGREGATE MEALS

# Congregate Meal Program Details

- Meals can be eaten on at the site, or taken to go.
- Most sites open Monday through Friday, 11:30 a.m. to 1:30 p.m.
- Most offer hot, general diets
- Some sites offer:
  - Ethnic meals: Korean, Chinese, South Asian, Halal, etc.
  - Medically tailored diets: Diabetic, Renal, Gluten Free, etc.



# Congregate Meal Program Details

Find a Meal Site Near You:

- Call AgeOptions at (708) 383-0258
- Visit:  
<https://www.ageoptions.org/resources/find-services-in-your-neighborhood/>
  - Use drop-down menu to select “Aging and Disability Resource Network”
  - Enter your address at bottom of next window
  - The organization to contact in your area will appear below the orange box.





# Congregate Meal Program Details

Find a Meal Site Near You:

- See PDF: “**Congregate FAQs**” for complete list of meal sites and contact information in suburban Cook County





# HOME DELIVERED MEALS

# Home Delivered Meal Program Details

- HDM provided in every suburban Cook County Township
- Enough meals for 5 days a week
- Meals can be hot, cold or frozen
- Medically tailored diets available
- Participants must be assessed for eligibility by appropriate agency
- Call AgeOptions at (708) 383-0258





# MEAL KITS

# Grocery Delivery Program Details



- Meal Kits are delivered to homes once a week.
- Boxes contain:
  - Fresh fruits and produce
  - Frozen meats
  - Variety of packaged food
    - Grains (rice, pasta, bread)
    - Condiments, seasonings
    - Other items
  - Menus to help make three meals each day
- Participants must be assessed for eligibility by appropriate agency
- Call AgeOptions at (708) 383-0258





# SENIOR FARMERS MARKET NUTRITION PROGRAM

# Senior Farmers Market Nutrition Program Details

- Provides five \$10 coupons (total: \$50/person) that participants can redeem for fresh fruits or produce at registered farmers markets
- Operates July through October
- 185% of Federal Poverty Level or less
- No request for donation
- Call AgeOptions at (708) 383-0258





# EMERGENCY SHELF-STABLE MEALS



# Emergency Shelf-Stable Meals Details

- Each Box contains 7 Shelf-Stable meals to use in an emergency.
- Boxes are issued to Congregant Meal & Home Delivered Meal participants every six months (March & October) to be kept at home.



# Thanks

[Phillip.lanier@ageoptions.org](mailto:Phillip.lanier@ageoptions.org)

Phone: (708) 934-2257



# AgeOptions Thrive with Pride Program Nina Orłowski

Honoring LGBTQ+  
Chicagoans for Women's  
History Month  
March 26 @ 11:00 AM

## THRIVE WITH PRIDE: An Inclusive Online Café

Honoring LGBTQ+ Chicagoans  
for Women's History Month



This month we welcome Jen Dentel from Gerber/Hart Library & Archives to discuss several women highlighted in their 2022 podcast *Unboxing Queer History*, including Lorraine Sade Baskerville, the founders of Amigas Latinas, and the women of the Great Angling Lesbian Society, whose work impacted Chicago LGBTQ+ history.

Founded in 1981 and located in Chicago's Rogers Park Neighborhood, Gerber/Hart is one of the largest repositories of LGBTQ+ content in the world. Join us as we dive into their amazing collections!

**LIVE On Zoom**  
**Tuesday, March 26**  
**11am - Noon**

Join by clicking or calling:  
<https://zoom.us/j/96661294106>  
Or dial (312)626-6799  
(enter ID 966 6129 4106 at prompt)  
This event is free; registration is not required.

Thrive with Pride Cafes provide inclusive and affirming spaces for all older adults. Join a Thrive with Pride Cafe in your area for a follow-up discussion where you can share and receive support, learn more about local services and resources and discuss topics that matter.

For more information on this or past cafe presentations,  
links to recordings or to find a cafe in your area,  
go to [www.thrivingwithpride.org](http://www.thrivingwithpride.org)  
or email [nina.orlowski@ageoptions.org](mailto:nina.orlowski@ageoptions.org).



AgeOptions is the Area Agency on Aging of suburban Cook County. We are now proud recipients of the SAGEcare platinum credential, signifying our commitment to LGBT+ inclusivity.



# AgeOptions Thrive with Pride Program Nina Orłowski

LGBT+  
Intergenerational  
Dinner & Dialogue  
April 4 @ 6 PM

## THRIVE WITH PRIDE: INTERGENERATIONAL DINNER & DIALOGUE

Thursday, April 4th  
6-8pm at AgeOptions  
1048 Lake St, 2nd fl  
Oak Park, IL 60301

### WHO IS IT FOR?

Members of the LGBT+ community  
from every age (18+) & stage of life.

### WHY SHOULD YOU ATTEND?

Enjoy an evening of conversation  
with new and old friends over a  
delicious complimentary meal.

Register by March 27 at  
[www.thrivingwithpride.org](http://www.thrivingwithpride.org)  
Space is limited. Waitlist possible.

Questions? More info?  
[nina.orlowski@ageoptions.org](mailto:nina.orlowski@ageoptions.org)  
(708) 383-0258



Thrive with Pride by AgeOptions  
provides events and information  
for LGBT+ older adults and those  
who care for them. Together with  
our partners, we are creating a  
more inclusive aging network for  
suburban Cook County.

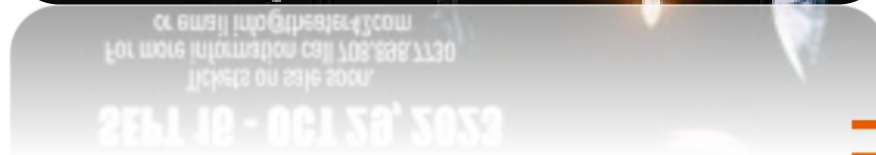
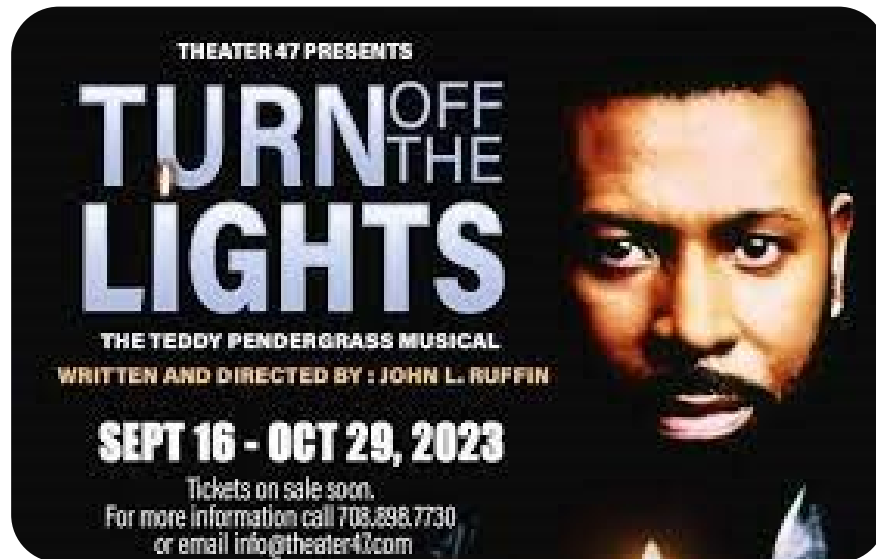


This event is made possible by the generous support of:



# *Library Partner Program Share and Tell*

## *Rhonda Ruffin, Glenwood-Lynwood Public Library Teddy Pendergrass Musical*





# 2023 Sassy Senior Outings

GLENWOOD-LYNWOOD LIBRARY

March 19, 2024

# Our Goals

- ▶ Reward those patrons who attend our summer and fall senior programming
- ▶ Increase senior program attendance
- ▶ Plan an activity that patrons would enjoy that would spend our grant money



## What Worked Well

- ▶ No transportation costs
- ▶ Patrons appreciated the free tickets
- ▶ Patrons that were hesitant to attend were assured that they would see familiar faces



# Why These Shows?

- ▶ Matinee shows (starting at 4pm & 3pm) which accommodated those afraid or unwilling to drive after dark.
- ▶ Proximity allowed our seniors to drive (or carpool)
- ▶ Performances represent music beloved to their generation

# Eligibility and Awards

To be eligible for the 20 tickets purchased for each show, Seniors must:

- ▶ Have attended Summer or Fall Senior programming
- ▶ Have their name and contact information on our programming contact sheets

Winners were randomly selected

Tickets were to be claimed by the deadline

If unable to attend, tickets were to be returned for use by another program attendee

# Maybe Next Time?

- ▶ Pay for transportation costs (for Chicago shows)
- ▶ Purchase discounted tickets (will allow couples to attend)
- ▶ Day trip
- ▶ Host a pre-show party





# Where Did We Go?

- ▶ Teddy Pendergrass Musical
  - ▶ Sunday, October 1 @ 4pm
  - ▶ John Ruffin's Theater 47
  - ▶ Park Forest, IL
- ▶ Masters of Soul Motown Review
  - ▶ Sunday, December 10 @ 3pm
  - ▶ Nathan Manilow Theater, Freedom Hall
  - ▶ Park Forest, IL



# ***Library Partner Program Share and Tell***

## ***Skye Lavin, Forest Park Public Library***

### ***Reframing Aging Grant and Story Telling Showcase***



 **Reframing  
Aging**

# ***Library Partner Program Share and Tell***

***Melissa Mayberry, Morton Grove Public Library  
STEM for Seniors***





# Social Seniors

- Bingo
- Arts & Crafts
- Wits Workout
- Various Programs
  - Coloring and Brain Games
  - Games on the Lawn (Trivia Pursuit, Pictionary)
- **Get Excited for Science**



MORTON GROVE  
PUBLIC LIBRARY

# Get Excited for Science

LACONI Presenters Directory

Steve Belliveau- [getscience.net](http://getscience.net)

1-hour hands on programs on:

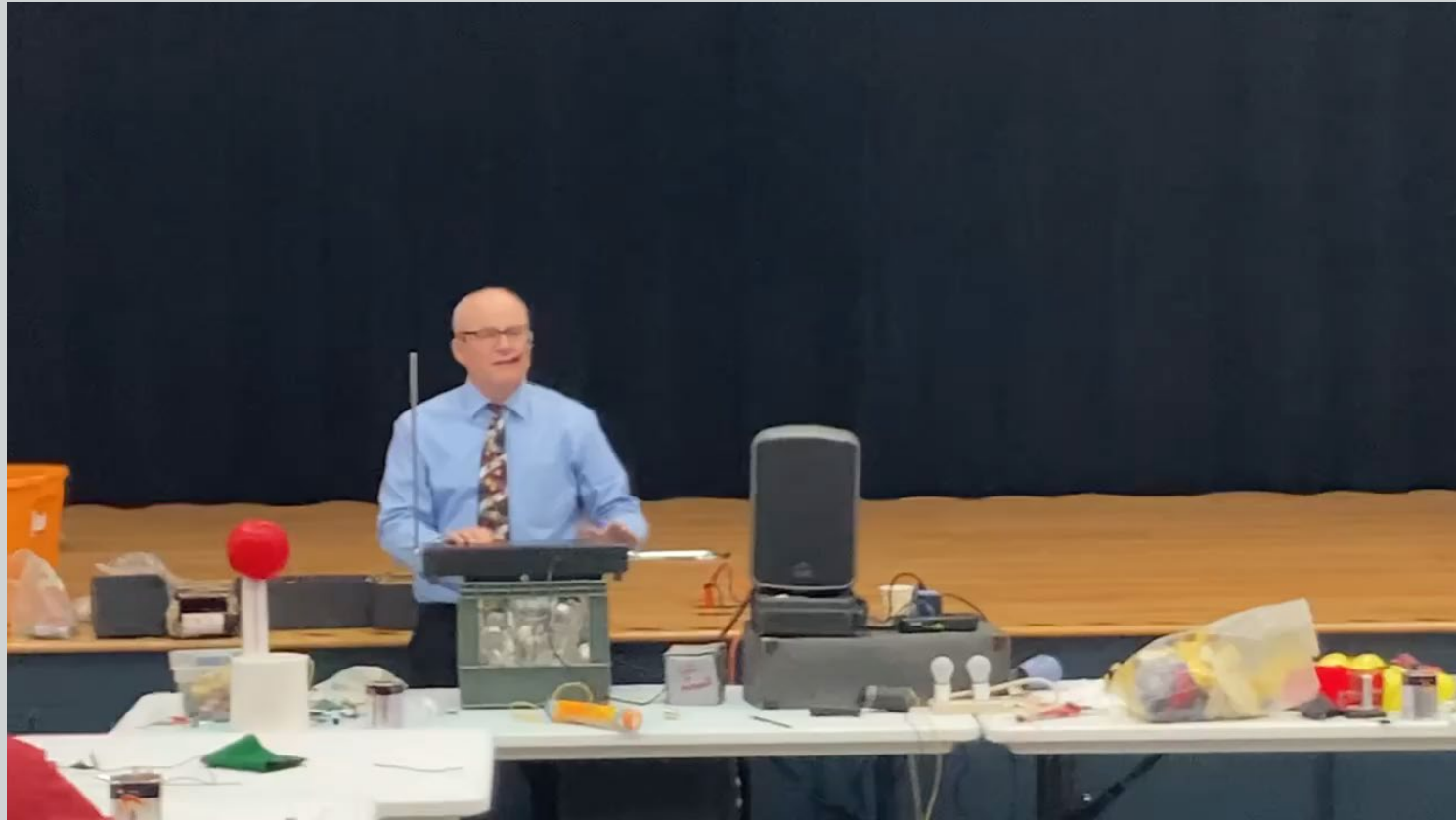
- Electricity
- Chemistry
- Forces in Motion
- Science Discoveries



# Get Excited About Science: Electricity



# Get Excited About Science: Electricity



# Q1 FY24 Success Stories

Please continue to submit your success stories and photos

**Alsip-Merrionette Public Library: Accessible Computer Station**

"Jim," an older adult, visited the library requesting help with an online payment. Jim has impaired vision, and previously brought a magnifying glass from home, holding it against the keyboard and the computer monitor.

With AgeOptions funds, we set up a new accessible computer station to assist vision-impaired visitors, including a 27" touch screen monitor with ZoomText magnification software, a large print contrast keyboard, several assistive mouse options, and a handheld magnifier with a light.

When Jim saw the keyboard with giant letters, he said, **"Hey, I can see that."** The touchscreen also made navigating much easier and faster for him. Jim can now complete this biannual task quickly and independently.



# Q1 FY24 Success Stories

Please continue to submit your success stories and photos

**LSF Brookfield Library:  
Senior Fitness Classes**

Our senior fitness classes have become so popular, we have developed waiting lists for these events. Word has been traveling amongst our seniors and they are loving these classes. It has been great to see how enthusiastic our seniors are about these classes. **I love walking past our meeting room on chair Zumba and hump day stretch days and seeing the room packed with seniors moving and grooving.**



# Q1 FY24 Success Stories

Please continue to submit your success stories and photos

**Calumet City Public  
Library: In-Person Social  
Interaction**

Because of the AgeOptions grant, we have been able to provide our seniors programming that is engaging, educational, and allows for social networking opportunities. **Our seniors most enjoy the social interaction. They are adamant that we continue having in-person programming. They want to have something that allows them to get out of the house and be with people.**



# In-Home Flu and COVID Vaccines

<https://www.ageoptions.org/covid>



AGING & DISABILITY  
Vaccination  
Collaborative  
powered by USAging



AGEOPTIONS



**Get your FREE  
COVID-19 or Flu  
Vaccine at home!**

AgeOptions is working with CIMPARG to administer in-home Flu and Covid-19 Vaccines for People 60+ and persons with disabilities living in Suburban Cook County.



Do you Qualify?

Do you live in Suburban Cook County?  
Are you 60+ or a caregiver?  
Have trouble getting out of the house?

If you answered **YES** to the question above, you qualify for an in-home vaccine.

Call or go online today to schedule yours!

Call AgeOptions at:  
**708-383-0258**

Visit our website at:  
**[www.ageoptions.org/covid](https://www.ageoptions.org/covid)**

This project is supported by the Administration for Community Living (ACL, U.S. Department of Health and Human Services (HHS)) through USAging as part of a financial assistance award to USAging totaling \$74,999,835 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official view of, nor an endorsement, by USAging, ACL/ HHS, or the U.S. Government.





# Group Discussion!



1. Collaborative program opportunities
2. Any additional feedback/input?
3. What has worked well?
4. Any advice?
5. Questions about anything!





**Many thanks for your participation  
in the Library CARES grant program and  
for the work you do to reach out  
to the older adults in your community.  
I'm here for anything related to the library  
program – please reach out!**

**708.383.0258 (main number)  
708.322.1370 (direct number)  
Laona.Fleischer@AgeOptions.org**

