

# MEDICARE AND HOME HEALTH CARE: Your Road to Recovery

Home health care is a variety of health care services given in your home to help you on your road to recovery or rehabilitation, often after a hospital stay. These services should be ordered by your doctor. Here is how to get home health care when you need it.



Always work with  
your doctor!

To receive home health care your  
doctor must certify that you:



Are  
Homebound



Need  
Skilled Care



Have a Plan  
of Care

## Home health care FRAUD is a big problem in our state!

Scammers trick people into signing up for unnecessary home health services by saying that you don't have to pay for anything. But when you accept services in the home that you do not need, scammers are actually **stealing** from Medicare. Accepting unnecessary home health services may prevent you from getting those services when you actually need them. If you feel this has happened to you, call SMP at AgeOptions **(800) 699-9043**.

