

### **Options Counseling helpful resources:**

- [No Wrong Door System](#) – System that calls providers to streamline access to resources for help seekers. One of the pillars of making this system successful is Options Counseling, also called Person-Centered Counseling. This page includes [Person-Centered Counseling training resources](#) for upcoming counselors, this also contains a training platform with available courses.
- [Administration of Community Living \(ACL\)](#) – ACL helps to define and describe The No Wrong Door system which is enriched by Options counseling efforts.
- [IDHS](#) - IDHS uses Options Counseling in some of their program efforts and the linked description can serve as a useful example of how this process can occur.
- [Sertoma Centre](#) – This agency has staff that can train on multiple topics for no cost including: Mental health first aid training, stress management, compassion fatigue, etc.