

# Family Caregiver Support



## We're here to help!

You may be a daughter, a son or a spouse, a sister or brother, a niece or nephew—or simply a good friend. You do what you need to do to help an older family member or friend in need. You are a family caregiver and you are not alone!

The Family Caregiver Support program provides valuable resources for those who are providing unpaid care to adults age 60+ and/or those with Alzheimer's disease or a related disorder.



Most of these caregiver supports are available across the state. Call your local Area Agency on Aging for more information. There are no income or asset restrictions for these programs.



### Resources

Referrals to available services and resources. Assess your situation and create a personal roadmap to meet your unique needs.



### Help Available

Help caring for your loved one so you can take a break. Support in unforeseen circumstances covering a variety of items to assist you.



### Support

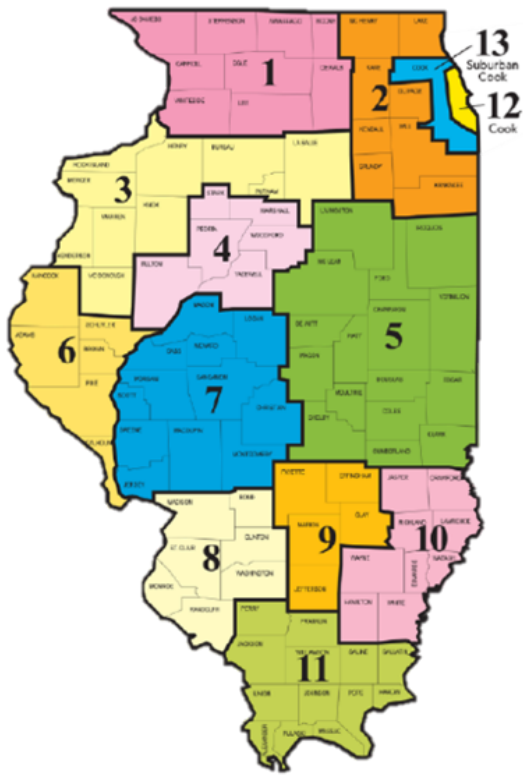
Counseling services, legal assistance and support groups to help you through troubling times.



### Education

Training and education to help you take care of yourself or to learn caregiving skills to aid your loved one.

**Are you or someone you know living with dementia?** We can provide services and financial support to help older adults remain in their home. Contact your Area Agency on Aging for more information.



### Planning & Service Area 1

Northwestern Illinois Area Agency on Aging  
Boone, Carroll, DeKalb, JoDaviess, Lee, Ogle, Stephenson, Whiteside, & Winnebago Counties  
Phone: 800-542-8402 (9 counties only) or 815-226-4901  
Web: [www.nwilaaa.org](http://www.nwilaaa.org)

### Planning & Service Area 2

AgeGuide  
DuPage, Grundy, Kane, Kankakee, Kendall, Lake, McHenry, & Will Counties  
Phone: 800-528-2000 or 630-293-5990  
Web: [www.ageguide.org](http://www.ageguide.org)

### Planning & Service Area 3

Western Illinois Area Agency on Aging  
Bureau, Henderson, Henry, Knox, LaSalle, McDonough, Mercer, Putnam, Rock Island, & Warren Counties  
Phone: 800-322-1051 or 309-793-6800  
Web: [www.wiaaa.org](http://www.wiaaa.org)

### Planning & Service Area 4

Central Illinois Agency on Aging, Inc.  
Fulton, Marshall, Peoria, Stark, Tazewell, & Woodford Counties  
Phone: 877-777-2422 or 309-674-2071  
Web: [www.ciaaa.net](http://www.ciaaa.net)

### Planning & Service Area 5

East Central Illinois Area Agency on Aging, Inc.  
Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Livingston, McLean, Macon, Moultrie, Piatt, Shelby, & Vermilion Counties  
Phone: 800-888-4456 (16 county area only) or 309-829-2065  
Web: [www.eciaaa.org](http://www.eciaaa.org)

### Planning & Service Area 6

West Central Illinois Area Agency on Aging  
Adams, Brown, Calhoun, Hancock, Pike, & Schuyler Counties  
Phone: 800-252-9027 or 217-223-7904  
Web: [www.wciagingnetwork.org](http://www.wciagingnetwork.org)

### Planning & Service Area 7

AgeLinc  
Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, & Scott Counties  
Phone: 800-252-2918 or 217-787-9234  
Web: [www.agelinc.org](http://www.agelinc.org)

### Planning & Service Area 8

AgeSmart Community Resources  
Bond, Clinton, Madison, Monroe, Randolph, St. Clair, & Washington Counties  
Phone: 618-222-2561  
Web: [www.AgeSmart.org](http://www.AgeSmart.org)

### Planning & Service Area 9

Midland Area Agency on Aging  
Clay, Effingham, Fayette, Jefferson, & Marion Counties  
Phone: 877-532-1853 or 618-532-1853  
Web: [www.midlandaaa.org](http://www.midlandaaa.org)

### Planning & Service Area 10

Southeastern Illinois Agency on Aging, Inc.  
Crawford, Edwards, Hamilton, Jasper, Lawrence, Richland, Wabash, Wayne, & White Counties  
Phone: 618-262-2306  
Web: [www.seiaaa.com](http://www.seiaaa.com)

### Planning & Service Area 11

Egyptian Area Agency on Aging, Inc.  
Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Saline, Union, and Williamson Counties  
Phone: 888-895-3306 or 618-985-8311  
Web: [www.egyptianaaa.org](http://www.egyptianaaa.org)

### Planning & Service Area 12

Chicago Department of Family and Support Services  
Senior Services Area Agency on Aging  
City of Chicago  
Phone: 312-746-6867 or 312-744-6777(TTY)  
Web: [www.cityofchicago.org/aging](http://www.cityofchicago.org/aging)

### Planning & Service Area 13

AgeOptions  
Suburban Cook County  
Phone: 800-699-9043 (Suburban Cook only) or 708-383-0258  
Web: [www.ageoptions.org](http://www.ageoptions.org)