Contact an Agency in Your Area
Services and programs are available to people with disabilities aged 18 and over and adults aged 60 and over.

South Suburbs					
Bloom, Calumet, and Thornton Townships		Bremen, Lemont, Orland, Palos, Rich and Worth Townships		Stickney Township	
Metropolitan Family Services (773) 692-1033		Pathlights (708) 361-0219		Stickney Township Office on Aging (708) 636-8850	
West Suburbs					
Berwyn and Cicero Townships	Lyons, Riverside, Norwood, and Proviso Townships		Oak Park and River Forest Townships		Leyden Township
Solutions for Care (708) 447-2448	Aging Care Connections (708) 354-1323		Oak Park Township Senior Services (708) 383-8060		Leyden Family Services Senior Citizens Program (847) 455-3929
North Suburbs					
Palatine Township	Evanston, Niles, Maine, New Trier, and Northfield Townships		Elk Grove, Schaumburg, Barrington, Wheeling Townships Kenneth Young Center (847) 524-8800		Hanover Township Hanover Township Department of Aging Services (630) 483-5600
Palatine Township Senior Citizens Council (847) 991-1112	North Shore Senior Center (847) 784-6000				
Suburban Cook Cultural Services and Support					
Hispanic/Latino Communities	Arab Communities		Polish Communities		Korean Communities
Alivio Medical Center (773) 254-1400	Arab American Family Services (708) 599-2237		CLESE (Coalition of Limited Speaking Elders) (312) 461-0812		Hanul Family Alliance (847) 439-5195
Indo-Asian Communities	Chinese Communities		AgeOptions Provider Referrals Enter address to determine the local partner to contact		
Metropolitan Asian Family Services (847) 824-9414	Xilin Senior Services (847) 607-6555		https://www.ageoptions.org/resources/find-services-in- your-neighborhood/		
Countywide Information and Assistance					
Suburban Cook County		City of Chicago Chicago Department of Family and		Collar Counties of Cook County	
AgeOptions (708) 383-0258		Support Services – Senior Services (312) 744-4016		AgeGuide (800) 528-2000	

FUNDING STATEMENT This document is prepared and printed with Federal Older Americans Act, State of Illinois General Revenue and AgeOptions funds. The Illinois Department on Aging and the U.S. Administration on Aging are recognized for the support of AgeOptions. Neither is responsible for the contents of this document.