



Library CARES
Q1 FY 2025 Meeting
December 10, 2024

Objectives:

- **Welcome!**
- **FY25 Administrative**
 - Funding
 - Reporting Form
 - Dates
 - Unique Clients
- Library Evaluation Survey FY25
- **AgeOptions Presentation Requirement**
 - Contact Process,
 - Advance Notice, my role
- **Wits Workout**
- **Partner Webpage**
- **Share and Tell**
- **Q&A, Requests, Adjourn**

Shout out to Jessica!

<https://www.ila.org/news/5793/member-spotlight-jessica-rodrigues>

Member Spotlight - Jessica Rodrigues

November 25, 2024



This week's member spotlight is on Jessica Rodrigues. Jessica is the Director of the Steger-South Chicago Heights Public Library and a member of the ILA Reaching Forward North Committee and the ILA Small and Rural Libraries Forum.

We asked Jessica to answer a few professional and amusing questions. Continue reading to find out more about Jessica.

A little background on Jessica:



Q4 FY24 Reporting

Thank you!

100% success
rate for Q4 FY24
report
submittals!



FY25 Funds



Distributions
were made the
week before
Thanksgiving



FY25 Administrative Details

Q1 FY25 Reporting Form by due by January 3, 2025

- Please use only the most recent version (As of 09.30.2024)
- Can be found on the updated Partner Webpage/my emails
- Unique Participants and units as hours
- Please turn in as soon as possible (starting now)

Aging Service Display Photo by January 31, 2025

Please submit

- Success Stories
- Photo Submissions



FY25 Quarterly Mandatory Meeting Dates

At least one person must be in attendance from each partner library at *each quarterly meeting*:

- ~~Tuesday, December 10th, 2024~~
- Tuesday, March 18th, 2025
- Tuesday, June 17th, 2025
- Tuesday, September 16th, 2025



FY25 Reporting Due Dates

Quarterly Reports are due the Friday of the week following quarter-end by close of business:

- **Friday, January 3rd, 2025**
- **Friday, April 4th, 2025**
- **Monday, July 7th, 2025**
- **Friday, October 3rd, 2025**



FY25 Reporting Form



FY25 Reporting Form

Please submit your success stories and photos

Prairie Trails Public Library:

In August, we hosted Steve Darnall, the host of the radio show Those Were the Days for his program "Mystery Dates: Great Detectives in the Golden Age of Radio", which brought in 21 attendees, which was high for our programs. Steve's program included clips of audio from radio broadcasts from the 1940's and 1950's. Several patrons said that they found the program to be very enjoyable and nostalgic and/or remembered listening to some of the sampled radio programs when they were children.



FY25 Reporting Form

Please submit your success stories and photos

Chicago Ridge Public Library:

As I looked around the room, I was struck by how everyone was checking in with one another. They started out as strangers and now they're a community. Many have been together since the pandemic, and I've watched them grow closer over the years.



FY25 Aging Services Display

Photos of your display area are due by:

- **January 31st, 2025**



FY25 Reporting Form

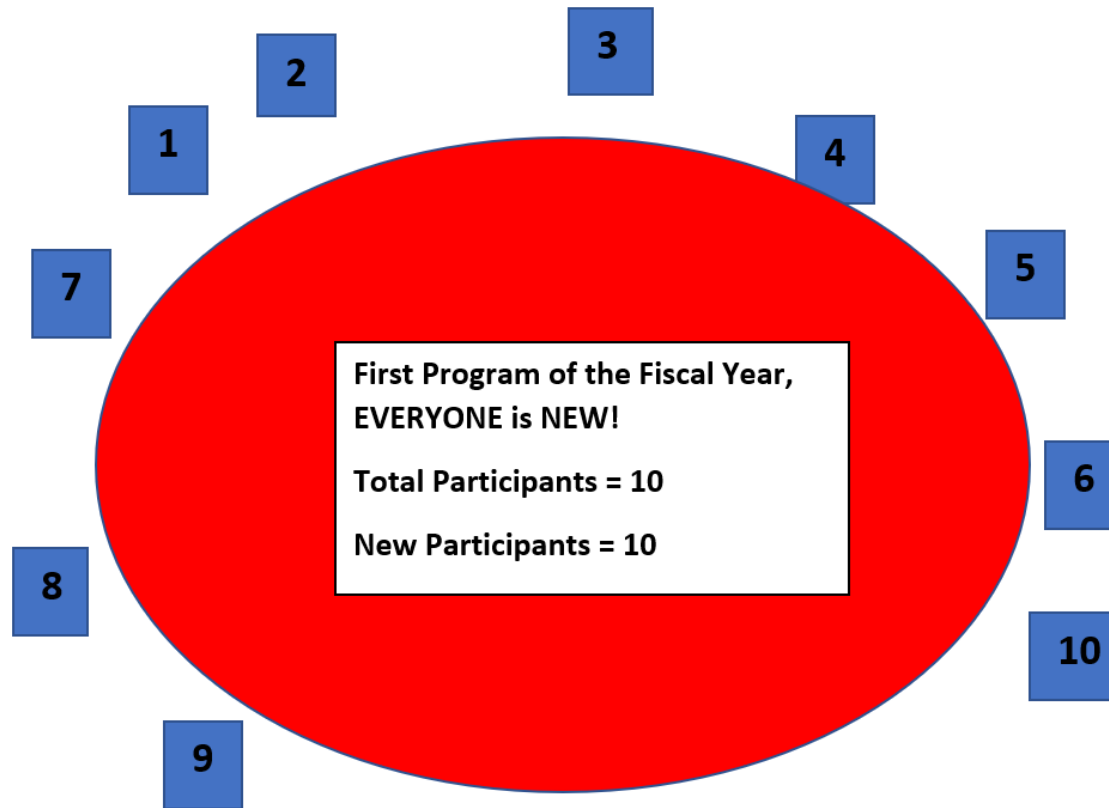
Capturing *Unduplicated* Unique/New Participants

Why?



FY25 Reporting Form

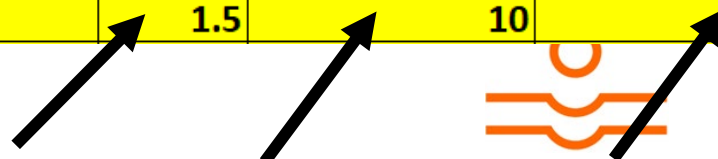
Capturing Unique/New Participants



Reporting Form

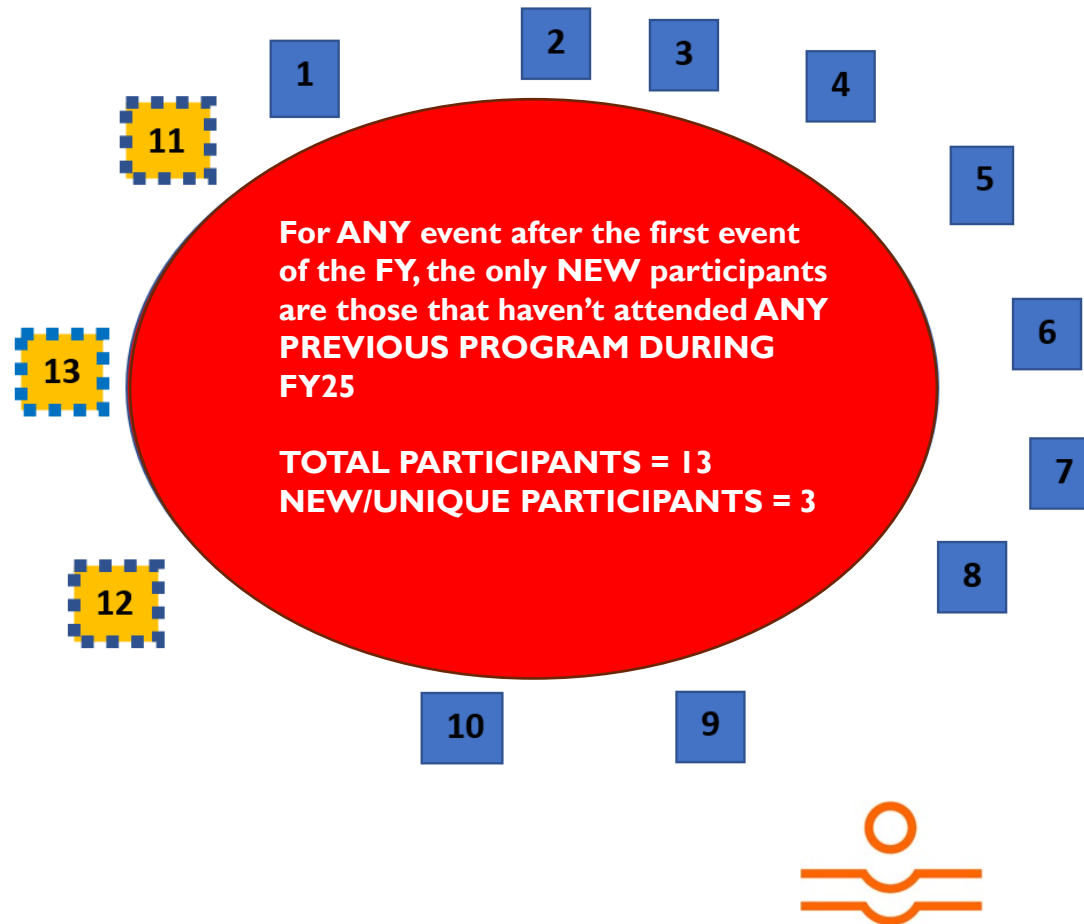
Unique/New Participants

AgeOptions FY2025					
Library CARES Program					
Quarterly Reporting Form. (Last Updated on: September 30, 2024)					
Agency Name		YOUR PUBLIC LIBRARY			
Reports are due the following:					
Due date		Reporting Period		Check-one below:	
Friday, January 3, 2025		October 1, 2024 - December 31, 2024		<input checked="" type="checkbox"/>	
Friday, April 4, 2025		January 1, 2025 - March 31, 2025		<input type="checkbox"/>	
Monday, July 7, 2025		April 1, 2025 - June 30, 2025		<input type="checkbox"/>	
Friday, October 3, 2025		July 1, 2025 - September 30, 2025		<input type="checkbox"/>	
PART 1 - Events/Programs Provide an overview of the Programs/Events hosted/facilitated this quarter					
(i.e., provide knowledge & skills through structured, group-oriented presentations, lectures or classes activities that foster health & social well-being of individuals through social interaction & constructive use of time.					
Title /Description of Activity/Program	*AgeOptions *Aging Services Network *Tech Literacy *Social isolation	Duration (Hours)	Total number of people who participated	Total number of NEW* participants this Quarter	Total units
Program #1	SI	1.5	10	10	15



FY25 Reporting Form

Capturing Unique/New Participants



FY25 Reporting Form

Unique/New Participants

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Title /Description of Activity/Program	*AgeOptions *Aging Services Network *Tech Literacy *Social Isolation	Duration (Hours)	Total number of people who participated	Total number of NEW* participants this Quarter	Total units
Program #1	SI	1.5	10	10	15
Program #2	TL	1	13	3	13



FY25 Reporting Form

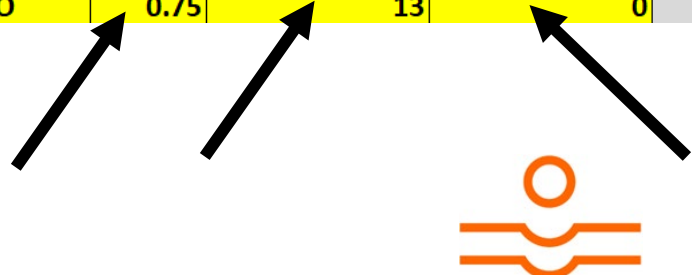
Capturing Unique/New Participants



FY25 Reporting Form

Unique/New Participants

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Program #1	SI	1.5	10	10	15
Program #2	TL	1	13	3	13
Program #3	AO	0.75	13	0	9.75



FY25 Reporting Form

Unique/New Participants

<i>Title /Description of Activity/Program</i>	*AgeOptions *Aging Services Network *Tech Literacy	Duration (Hours)	Total number of people who participated	Total number of NEW* participants this Quarter	Total units
Program #1	SI	1.5	10	10	15
Program #2	TL	1	13	3	13
Program #3	AO	0.75	13	0	9.75
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TOTAL				13	37.75



FY25 New Reporting Form

Unique/New Participants



YOU ARE
Only **NEW** Once!



Fiscal Year 2025

Library Program Evaluation Survey Online Version



AgeOptions FY25 Library Program's
Evaluation Survey



Fiscal Year 2025

Library Program Evaluation Survey Paper Version



[Insert Library Logo HERE]

AgeOptions FY25 Library Program Evaluation Survey

The library programming is made possible with funding from AgeOptions. Your responses to this anonymous survey help us understand the reach and impact of programs like this. Thank you for participating in your local library's programming and thank you for your response to the following questions.

1. As a result of participating in my library's programming for people 60 or older: *(Please select the single best answer for each statement).*

Question	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
I feel more connected to my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel more connected to individuals who also attended	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I made new friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I use the library as my primary source of information about services for older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Fiscal Year 2025

Library Program Evaluation Survey

New survey

- January-June 2025
- Goal-have patrons fill out at least once during FY25
- Focus: Who are we reaching?
- Paper or online on webpage



AgeOptions FY25 Library Program's
Evaluation Survey



Fiscal Year 2025

Library Program Evaluation Survey

Three Parts

- **Library identification**
- **Library Program Evaluation**
- **Demographic data**



AgeOptions FY25 Library Program's
Evaluation Survey



Fiscal Year 2025

Library Program Evaluation Survey Demographics Questions

- **Age**
- **Ethnicity**
- **Race**
- **Gender**
- **Sexual Orientation**
- **Household Income**



AgeOptions FY25 Library Program's
Evaluation Survey



Fiscal Year 2025

Library Program Evaluation Survey Demographics Questions

“Prefer not to answer”
***is always an option when filling
out the survey***



AgeOptions FY25 Library Program's
Evaluation Survey

FY25 Library CARES Program Core Requirements

AgeOptions Presentation



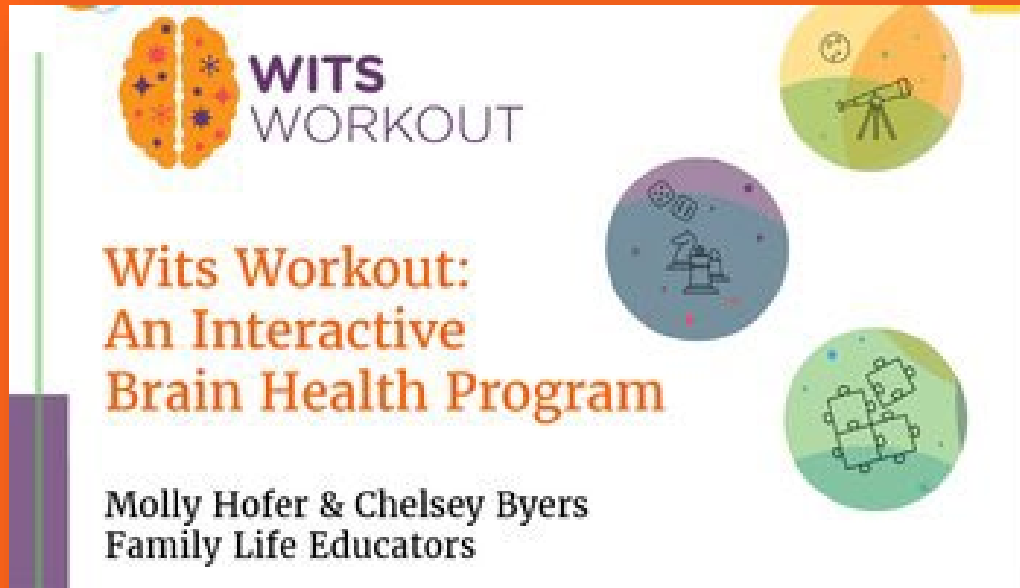
FY25 Library CARES AgeOptions Presentation/Program Requirement

- Create and maintain a display with Aging Network materials
- Establish connections to the Aging Network
 - Promote and Host at least one AgeOptions presentation or event
 - Promote and Host at least one local Aging Network presentation
- Address social isolation among older adults through recreational events
- Host/Present at least one event on Technology



Molly Hofer
University of Illinois Extension

WITS Workout Program



Setting the Stage – Brain Health in Illinois



Teaching about brain health since 2003

- Memory and aging
- Brain health lifestyle contributing factors
- Cognitive decline
- Alzheimer's disease and communication strategies for caregivers
- Wits Fitness classes
- Wits Workout



Key Approaches - Wits Workout

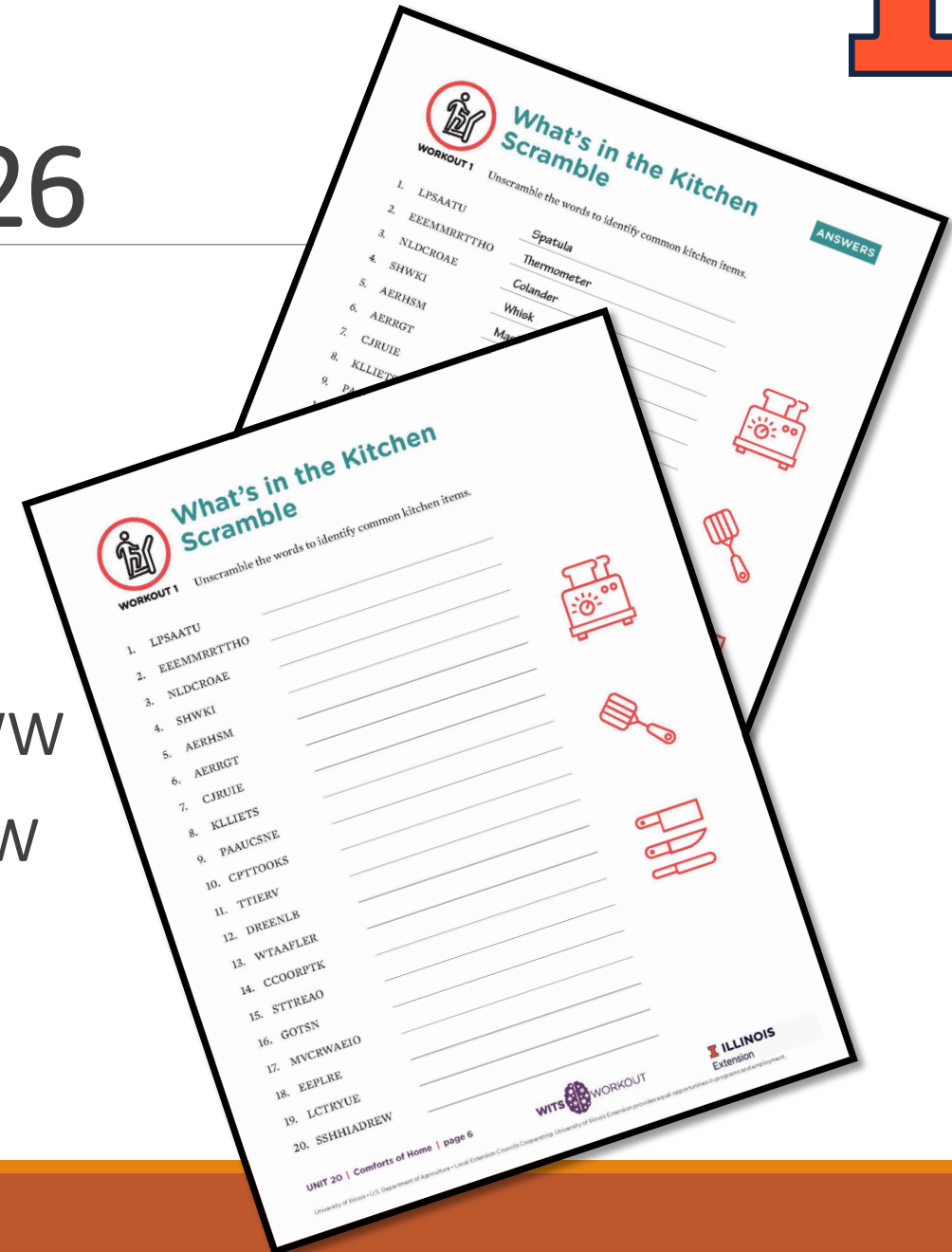
- Developed, piloted, reviewed and published 2019
- Randomized Controlled Trial 2021-22
- National conference presentations 2022-23
- Published findings in peer reviewed journal
- Seeking funding for continued research
- Train-the-trainer offerings





Plan for Wits Workout 2024-26

- Expand Wits Workout in Illinois and beyond
- Provide quarterly virtual trainings
- Deliver training – Kentucky Extension
- Promote WW nationally
- Implement cultural adaptation/translation WW
- Apply for other grants to further evaluate WW





1. USDA Rural Health and Safety Grant began September 1, 2024
2. Six-member community panel begins work to culturally adapt Wits Workout and translate to Spanish
3. 12-week study of Wits Workout will take place in seven locations in rural Illinois



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

For more information about Wits Workout

<https://extension.illinois.edu/health/wits-workout>

Molly Hofer
University of Illinois Extension

WITS Workout Program

Save the Date:

Wits Workout Facilitator Training

Thursday, January 16, 2025

10:00 am – noon.

To learn more or register!



Molly Hofer

University of Illinois Extension

Healthy Living Programs

ILLINOIS
Extension
COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES



Healthy Living Programs

If you are looking for programs in the areas of healthy living, healthy relationships, or life enrichment, University of Illinois Extension family life educator, Molly Hofer, can deliver by sharing research-informed educational offerings that address issues that impact individuals and families. The programs listed below are offered as a themed series but can also be delivered as a single session. Each session is 60-90 minutes in length, customized to fit the needs of the audience. Programs may be delivered face-to-face or virtually.

Aging Well Series

- **I'm Positive I'm Aging** – What is the secret to successful aging? Believe it or not it has less to do with income, being free from illnesses, or a life free from disappointments. Studies have shown that successful aging has more to do with being optimistic, maintaining friendships, and choosing to live a healthy lifestyle, among other things. This session will include research related to positive aging as well as a discussion on ageism and how negative age-related stereotypes can contribute to prejudices and even discrimination.



Molly Hofer

University of Illinois Extension

Healthy Living Programs

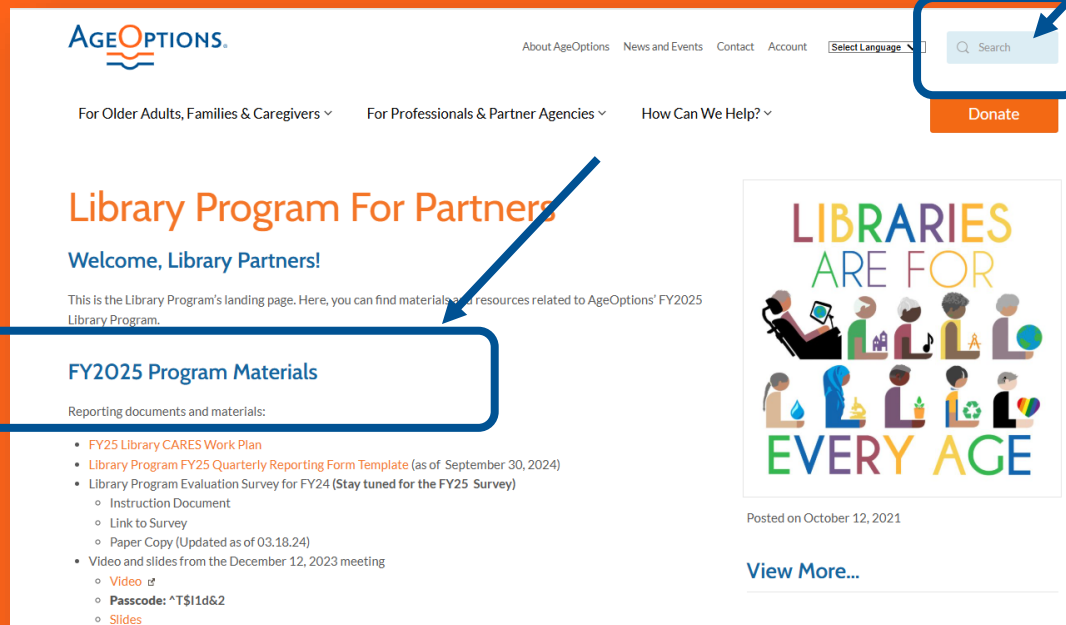
- Aging Well Series
- Brain Health Series
- Intergenerational Enrichment Series
- Balance Your Life Series
- Caregiving Programs

For more information, please contact Molly Hofer, family life educator, at 217-300-9207, 773-233-2900 or hoferm@illinois.edu



FY25 Library Partner Page

Library Partner Page



AGEOPTIONS.

About AgeOptions News and Events Contact Account Select Language

For Older Adults, Families & Caregivers For Professionals & Partner Agencies How Can We Help? [Donate](#)

Library Program For Partners

Welcome, Library Partners!

This is the Library Program's landing page. Here, you can find materials and resources related to AgeOptions' FY2025 Library Program.

FY2025 Program Materials

Reporting documents and materials:

- [FY25 Library CARES Work Plan](#)
- [Library Program FY25 Quarterly Reporting Form Template](#) (as of September 30, 2024)
- [Library Program Evaluation Survey for FY24 \(Stay tuned for the FY25 Survey\)](#)
 - [Instruction Document](#)
 - [Link to Survey](#)
 - [Paper Copy](#) (Updated as of 03.18.24)
- [Video and slides from the December 12, 2023 meeting](#)
 - [Video](#)
 - [Passcode](#): ^T\$11d&2
 - [Slides](#)

[View More...](#)

LIBRARIES ARE FOR EVERY AGE

Posted on October 12, 2021

<https://www.ageoptions.org/uncategorized/library-program-for-partners/>



FY25 Library Partner Page

Library Partner Page

Preview of our FY2025 Grant Year

Click here to view quarterly calendars (Q1, Q2, Q3, or Q4) for mandatory partner meetings, a breakdown of the quarters in our grant year, and reporting due dates in FY2025.

Helpful resources

Aging

- [Reframing Aging Website](#) ↗
- [Reframing Aging Resources](#) ↗
- [Ageism Awareness Day 2024](#) ↗
- [American Society on Aging – A Few Facts about Ageism \(2022\)](#)
- [Age-Inclusive Language Checklist \(October 2023\)](#)
- [Mary O'Donnell: Joni Mitchell Proves Why We Should Look Beyond Stereotypes About Aging](#) ↗

Libraries are for Everyone

- [Little Bits of Library Kindness](#) ↗
- See the newest LAFE *printables* with Older Adults!
 - [Libraries Are for Every Age](#)
 - [Libraries Are for Everyone](#)

Tax Assistance

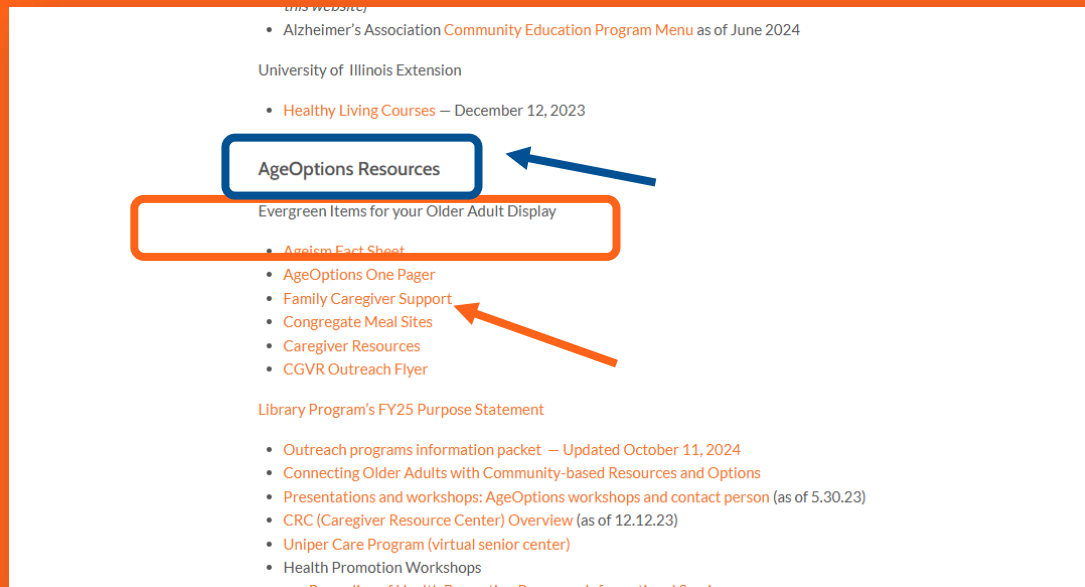


<https://www.ageoptions.org/uncategorized/library-program-for-partners/>



FY25 Library Partner Page

Library Partner Page

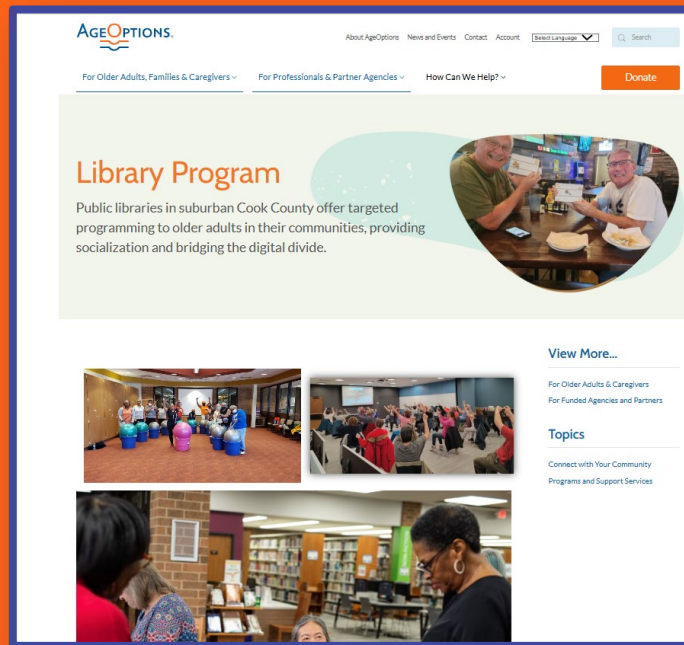


<https://www.ageoptions.org/uncategorized/library-program-for-partners/>



FY25 Outward Facing Library Page

Library Program Page



<https://www.ageoptions.org/resources/library-program/>



FY25 Outward Facing Library Page

Library Program Page

Stories of the Library

Des Plaines Public Library

"Two of our most dedicated library patrons attended all of our live programs prior to the pandemic and were so disappointed when we went to virtual programming, and they could not attend. The iPads we purchased with AgeOptions CARES funds have allowed them to again attend our programs. We did a one-on-one technology session with them, and they came back a couple of days later to say how grateful they were for the iPads and how much they are enjoying them."

Morton Grove Public Library

(Thank you note received from older adult library patron)

"Chair Yoga these past many months has been a vital part of my life. I look forward to it every week for the offering of live group energy doing the self-healing work of Yoga together. It soothes my mind and supports the flexibility and balance so needed, especially at this stage of life. I am grateful for it."

Evergreen Park Public Library

"WITS Workout has been phenomenally popular at EPPL! I have had a steadily growing number of patrons joining the fun. I have had some new faces recently and when the hour is up everyone raves about the fun they have. We're not so much focused on the specifics of the questions/trivia as much on the socialization aspect of the program. Everyone enjoys reminiscing during the recall activities and sharing stories from their youth. It's always such a pleasure getting together with this group and I look forward to it every month!"

Chicago Ridge Public Library

"We had a new patron, 'Maria,' come to our beaded bracelet class. She instantly became friendly with the group she sat with. By the end of the class, longtime patron Joan invited Maria to other programs we offer. Maria started seeing us for technology instruction, and now she attends all kinds of programs!"



<https://www.ageoptions.org/resources/library-program/>



FY25 Outward Facing Library Page

Library Program Page

Current Library Partners FY25

North Region

- Des Plaines Public Library *et*
- Eisenhower Public Library *et*
- Evanston Public Library *et*
- Morton Grove Public Library *et*
- Niles-Maine District Library *et*

West Region

- Berkeley Public Library *et*
- Berwyn Public Library *et*
- Forest Park Public Library *et*
- LSF Brookfield Library *et*
- Northlake Public Library District *et*
- North Riverside Public Library *et*
- Schiller Park Public Library *et*

South Region

- Acorn Public Library *et*
- Alsip-Merrionette Public Library District *et*
- Blue Island Public Library *et*
- Calumet City Public Library *et*
- Calumet Park Public Library *et*
- Chicago Heights Public Library *et*
- Chicago Ridge Public Library *et*
- Dolton Public Library *et*
- Evergreen Public Library *et*



<https://www.ageoptions.org/resources/library-program/>



Library Partner Program Share and Tell

Christy Eyre

LSF Brookfield Public Library

Aging Care Connections



Library Partner Program Share and Tell

Meghan Moran

Oak Lawn Public Library

Pathlights



Library Partner Program Share and Tell

Meghan Moran

Oak Lawn Public Library & Pathlights



**GET TO KNOW PATHLIGHTS
AND OUR PARTNERS:
SERVING OLDER ADULTS
TOGETHER**

Pathlights, Catholic Charities, and Metropolitan Family Services invite community leaders to an informational session to introduce our new partnership.

Together we will provide critical services that support and keep older adults, informal caregivers and grandparents raising grandchildren safely in their homes. As a team, we will familiarize you with our agencies and provide an overview of our programs and access points.

Wednesday, December 11, 2024
8 AM - 10 AM

**LOCATION:**
Dining on the Green
349 Main Street
Park Forest

SCAN THE QR CODE TO REGISTER

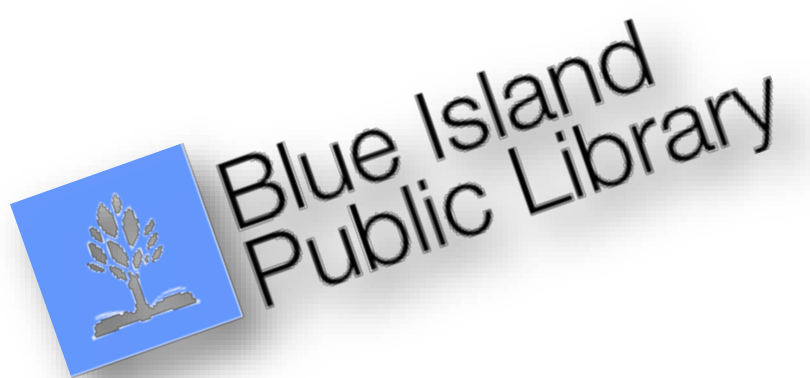
**CATHOLIC CHARITIES**
Archdiocese of Chicago

**Pathlights**
Enriched by experience.
Empowered in life.

**metropolitan family services**
mPOWERED CONNECTIONS

Library Partner Program Share and Tell

***Alyna Kazmerick
Blue Island Public Library
Pathlights***

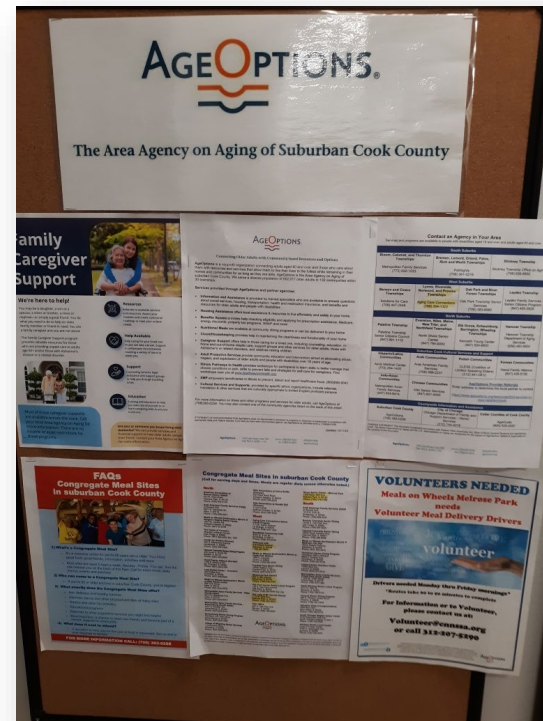
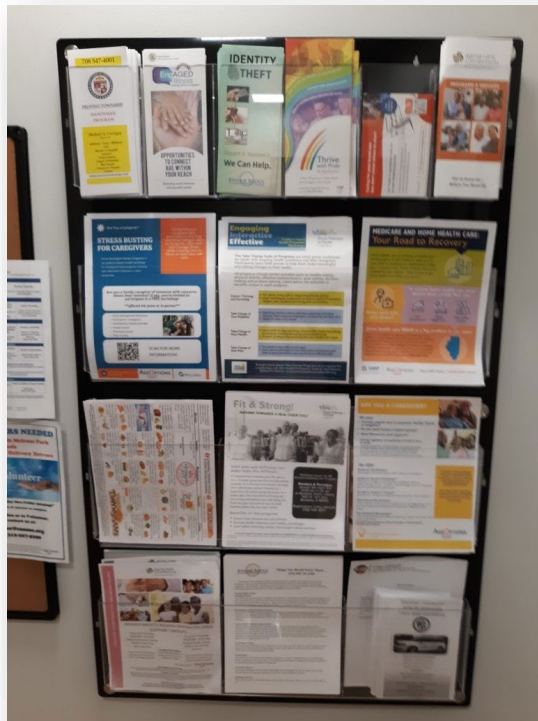


Library Partner Program Share and Tell

Cathy Johnson

Berkely Public Library

Aging Services Display



Library Partner Program Share and Tell

Sonia Reppe

Stickney-Forest View Public Library

Aging Services Display



Library Partner Program Share and Tell

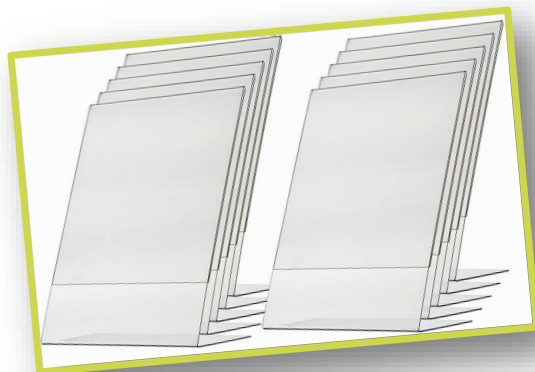
Alicia Jackson

Chicago Ridge Public Library

Aging Services Display



How Will You Design Your Aging Services Display?



AgeOptions Resources

Evergreen Items for your Older Adult Display

- [Ageism Fact Sheet](#)
- [AgeOptions One Pager](#)
- [Family Caregiver Support](#)
- [Congregate Meal Sites](#)
- [Caregiver Resources](#)
- [CGVR Outreach Flyer](#)

Q4 FY24 Success Stories

Please continue to submit your success stories and photos

Morton Grove Public Library:

Cardio Drumming and Collaborative Spirit

During a recent AgeOptions meeting, I learned about the **Cardio Drumming** program. The instructor that South Holland PL uses graciously agreed to travel to Morton Grove. **Our patrons were absolutely thrilled with the program, and it attracted five new participants to our Age Options programs.** Several patrons requested the instructor's contact information, including one who had spoken to a local senior center about hosting this type of program.

I am incredibly grateful for the collaborative spirit of other libraries in sharing their programs and services during our meetings. These exchanges provide opportunities to introduce new ideas to our library



Q4 FY24 Success Stories

Please continue to submit
your success stories and
photos

**Oak Lawn Public
Library: Wits Workout**

We had our 24th and final **Wits Workout** session this quarter. We handed out an evaluation of the program and found incredible responses from our participants. Some of the comments include:

"Besides being a lot of fun, it gave us a lot to think about as far as improving daily life."

"Gave me a good reason to get going on Tuesday mornings."

Increased social contacts by "socializing with others in the group, exchanging phone numbers, and attending functions outside the group."



Q4 FY24 Success Stories

Please continue to submit your success stories and photos

**Blue Island Public
Library: Traveling
Educational Animal
Program**

Thanks to the AgeOptions grant, our library was able to host a **traveling educational animal show**. Many older adults in our community are passionate about animals and environmental education but **struggle to travel to zoos**. This event allowed the zoo to come to them! Seniors learned about and interacted with several animals from all around the world, including a Fennec Fox, Sloth, and armadillo! **Patrons brought along grand children and enjoyed an educational night out with family**. It was a joy to be provide this program to our community members. Thanks to your organization for all you do!



Q2 FY24 Success Stories

Please continue to submit your success stories and photos

Chicago Ridge Public Library: Building Relationships

We love our Age Options programs, which include our **bimonthly tai-chi class, technology classes, craft classes, Wits Workout** and so many more. But the real pay-off has been the **relationships we have built through this focus on our older adult programming**. Recently we were contacted by an older adult in our community who can no longer drive due to **eyesight issues**. She wasn't sure how she would be able to vote in this year's election and was thrilled to learn that we provide **homebound delivery not just of books but also forms – like the application for a mail-in ballot**. We delivered copies of the form and used the opportunity to let her know about **alternatives to driving – like the free Senior Bus Shuttle that regularly comes to the library but can also drive her to doctor's appointments**



Questions?



Group Discussion!



1. Collaborative program opportunities
2. Any additional feedback/input?
3. What has worked well?
4. Any advice?
5. Questions about anything!





**Many thanks for your participation
in the Library CARES grant program and
for the work you do to reach out
to the older adults in your community.
I'm here for anything related to the library
program – please reach out!**

**708.383.0258 (main number)
708.322.1370 (direct number)
Laona.Fleischer@AgeOptions.org**



AgeOptions Referral Page

Provider Referrals

Search

Contact Us

About AgeOptions

AGEOPTIONS®

Welcome to the AgeOptions referral page!

Older Adults, Caregivers, and Discharge Planners: This web page allows you to find contact information for your local Care Coordination Unit (CCU), using your home address, for any of the following services: Home Delivered Meals; Caregiver Services (select Caregiver Resource Center); Adult Protective Services; Information and assistance, benefits, and anything else not listed (select Aging and Disability Resource Network).

Contacting the CCU will initiate the process to determine eligibility and connection to those services.

Managed Care Organizations (MCOs): You can use this web page to find meal providers for your clients, and make referrals to the proper provider for AgeOptions supported home delivered meal service.

What are you looking for?

Please select...

A black icon of a clipboard with a checklist. The clipboard has a yellow background and a black border. It features a black clip at the top and a list of five horizontal lines, each followed by a black checkmark.

services.ageoptions.org

The AgeOptions logo, which consists of the word "AGE" in blue, "OPTIONS" in orange, and a stylized orange graphic below it that resembles a rising sun or a wave.