

# Medicare Advantage Dual Eligible Special Needs Plans (D-SNPs)

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Provide **FREE ADVICE** to guide professionals in their work with consumers



**ADVOCATE** for administrative rule and legislative changes to enhance access and affordability





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- Leverage relationships with key stakeholders including legal referrals

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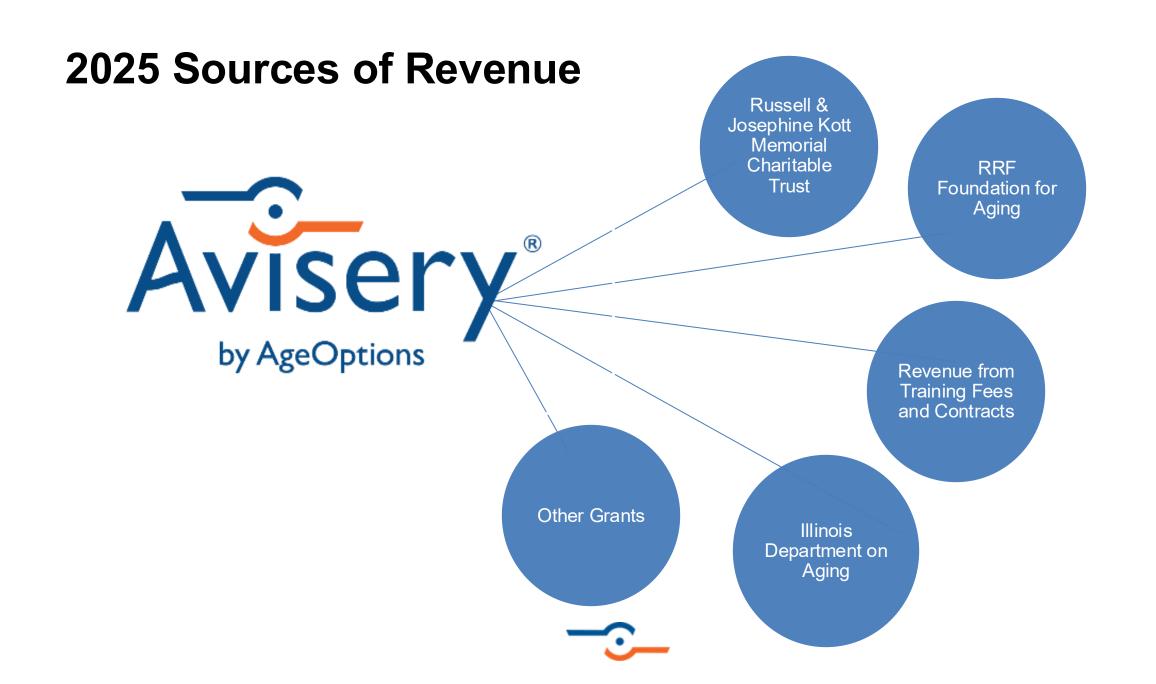


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# **Pre-test**





# What We'll Cover Today

Background

What is a D-SNP?

D-SNP Enrollment in Illinois

D-SNP Disenrollment in Illinois

Illinois D-SNP Benefits





### **Background**



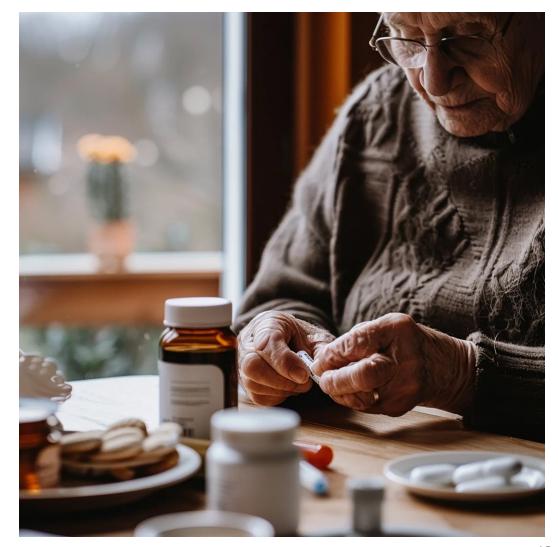
- The Center for Medicare and Medicaid Services (CMS) is ending the Financial Alignment Initiative (FAI) demonstration project by December 31st, 2025
  - Illinois' FAI demonstration is the Medicare-Medicaid Alignment Initiative (MMAI)
- Illinois to replace MMAI plans with Dual Eligible Special Needs plans (D-SNPs) beginning January 1st, 2026



### Medicare Advantage Plan

- D-SNPS are a type of Medicare Advantage plan
- Offered by private insurance companies contracted with Medicare
  - Will receive all Part A and Part B services through a private health plan
- Beneficiaries are still in the Medicare Program
  - Have Medicare rights and protections.
- May include prescription drug coverage (MA-PD plans)





### Medicare vs Medicaid

#### Medicare

- Federal health insurance program for people who are 65+ or approved for disability benefits
- Does not cover long term care, vision, and dental
- Multiple Parts:
  - Part A: Hospital Coverage
  - Part B: Medical Coverage
  - Part C: Medicare Advantage
  - Part D: Prescription Drug

#### Medicaid

- Health insurance program for people with low income
- Funded by Federal and State Government
- Different in every state
- Multiple programs for different populations with different eligibility rules
- Covers long term care, vision, dental
- AABD Medicaid: Aid to Aged Blind and Disabled



# What is Dual Eligibility?

- A beneficiary who receives both Medicare and Medicaid
  - Referred to as dual-eligible or "a dual"
  - D-SNPS (dual special needs plans) are available to duals only

#### **AABD Medicaid Requirements:**

- Must be aged 65 or older OR blind OR disabled Income less than 100% of the federal poverty level (FPL)
- Asset Limit of \$17,500.00

#### FamilyCare Medicaid Requirements:

- Must be a parent or relative who is caring for children under the age of 18 with income less than 138% FPL. There is no asset limit.
- FamilyCare | HFS



### **Current Coverage Options for Illinois Duals**

Program	Details
Original Medicare/Medicare Advantage and Fee for Service Medicaid	<ul> <li>Medicare and Medicaid billed separately for services</li> <li>Individuals must use multiple health plans</li> <li>Long term services will be covered by a separate managed care plan</li> <li>May or may not have to work with provider networks</li> </ul>
Medicare Medicaid Alignment Initiative (MMAI) Integrated  Ending December 31, 2025	<ul> <li>All Medicare and Medicaid benefits consolidated into one plan including long term care services</li> <li>Managed Care: Plan is managed by a private health insurance company called a Managed Care Organization(MCO)</li> <li>Provider networks</li> </ul>
Program of All Inclusive Care for the Elderly (PACE) Integrated	<ul> <li>Offers comprehensive health services for individuals 55+ living in the community that qualify for nursing home level care</li> <li>Services can be at a PACE center, the home, and inpatient facilities</li> <li>Operates in 5 regions: West Chicago, South Chicago, Southern Cook County, Peoria, East St. Louis</li> </ul>



# Let's Check In





# What is a D-SNP?



# **Special Needs Plans**

A Medicare Advantage plan tailored to specific populations

Special Needs Plan	Population	Offered in Illinois?
Chronic Illness Special Needs Plan (C-SNP)	Individuals with specific chronic conditions (Ex: diabetes, dementia, heart failure)	Yes
Institutional Special Needs Plans (I-SNP)	Individuals expected spend more than 90 days in an institution who can not travel for care	Yes
Dual Eligible Special Needs Plans (D-SNP)	Individuals enrolled in Medicare and Medicaid	Coming in January 2026!

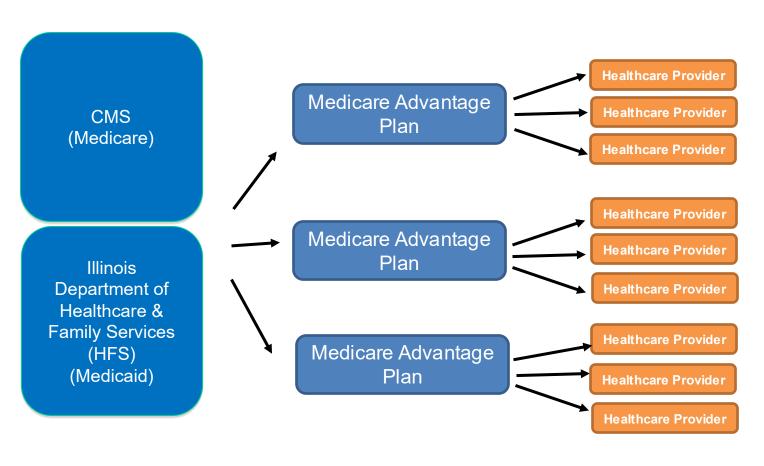


### Dual Eligible Special Needs Plans

- Medicare Advantage plans designed specifically for dually eligible individuals (those with Medicare and Medicaid)
  - States can pick from multiple models of D-SNPs which vary by how integrated they are.
  - All D-SNPs cover all Medicare services and must at least coordinate Medicaid benefits
- Must have a contract with the state and with CMS
  - Plan required to submit a Model of Care



### **D-SNP Contracting**



HFS and CMS contract
with Medicare Advantage
Plans who then contract
with Healthcare Providers



### Degrees of Integration Can Vary by State

#### **Fully Integrated (FIDE-SNP)**

Plan covers all Medicaid services. All care is managed and offered through the same legal entity, including behavioral health and LTSS.

Capitated Payments are received for all services

#### **Highly Integrated (HIDE-SNP)**

Plan covers most Medicaid services, but some services may be carved out and delivered through a parent company or fee for service.

Capitated payments are not required

#### **Coordination Only D-SNP (CO D-SNP)**

Plan must hold a contract coordinating service delivery and must notify the state when someone is hospitalized. No other coordination between the state and the plan is necessary

 The more 'integrated' the D-SNP model, the more oversite the state can place over the D-SNP contract

 All D-SNPs in Illinois will be FIDE SNPs



### FIDE SNPs

- FIDE must be Exclusively Aligned
  - Operated by the same company, with fully integrated enrollee materials, single ID cards, and unified appeal process.
- FIDE SNPs are the closest to MMAI
  - One plan covers all Medicare and Medicaid benefits, including long term care services and care coordination
- IL FIDE-SNPs will be operating statewide granted that they meet CMS network adequacy standards for all counties



### Integration In Illinois Dual Coverage Options

Original Medicare and FFS Medicaid

Medicare Advantage and FFS Medicaid

**MMAI** 

Fully Integrated Special Needs Plan/D-SNP

**PACE** 

Medicare Part A/ Inpatient Hospital Services

Medicare Part B/ Medical Services

Medicare Part D/ Prescription Drug Plan

FFS Medicaid Medical

Managed Long Term Services and Supports plan Medicare Part A/ Inpatient Hospital Services

Medicare Part B/ Medical Services

Medicare Part D/ Prescription Drug Coverage

FFS Medicaid Medical

Managed Long Term Services and Supports plan Medicare Part A/ Inpatient Hospital Services

Medicare Part B/ Medical Services

Medicare Part D/ Prescription Drug Coverage

**Medicald Medical** 

Long Term Services and Supports

Medicare Part A/ Inpatient Hospital Services

Medicare Part B/ Medical Services

Medicare Part D/ Prescription Drug Coverage

Medicaid Medical

Long Term Services and Supports

Medicare Part A/ Inpatient Hospital Services

Medicare Part B/ Medical Services

Medicare Part D/ Prescription Drug Coverage

Medicaid Medical

Long Term Services and Supports

This chart was adapted from Justice in Aging, Slide 25 <u>Dual Eligible Special Needs</u> <u>Plans (D-SNPs): What Advocates Need to Know - Justice in Aging</u>



# **Illinois D-SNP Eligibility**

- To be eligible for a D-SNP individuals must be:
  - Enrolled in full AABD Medicaid benefits (no Spenddown) or FamilyCare
  - Have Medicare Part A and Part B
  - Eligible to enroll in Medicare Part D
  - Age 21+ at the time of enrollment
  - Live in the plan's service area



### **Excluded Populations**

- Individuals cannot enroll in Illinois D-SNPs if they are:
  - Under 21 years old
  - Have Medicaid through Spenddown
  - Receiving developmental disability institutional services or HCBS waiver for Adults with Developmental Disabilities
  - Enrolled in the Illinois Medicaid Breast and Cervical Cancer program
  - Enrolled in a partial benefit program (i.e. MSP, Family Planning Program)
  - Have comprehensive third-party insurance



### Redeterminations

- Redetermination (rede): An annual review Medicaid beneficiaries must go through to renew their benefits
- Illinois beneficiaries are mailed rede notices one month before the redetermination date
  - Can also check Manage My Case or call DHS call center at 1-800-843-6154
- If Medicaid is canceled due to a missed redetermination, eligible Medicaid beneficiaries can be reinstated within 90days



### **Deeming Period**

- CMS requires D-SNPs to have Deeming Periods
  - Allows the individual to stay in their D-SNP for a certain amount of time if they lose their Medicaid benefits
- Illinois Deeming Period:
  - If an individual loses their Medicaid benefits, they can remain in their D-SNP for at minimum 90 days
  - If an individual is not reinstated within 90 days their D-SNP coverage will end
- After deeming period ends, <u>Special Enrollment Period</u> is available to enroll in a Medicare Advantage Plan or Part D plan



# Let's Check In





### **D-SNP Enrollment in Illinois**



### **D-SNP Enrollment**

# Initial Enrollment Period (IEP)

- When a beneficiary first becomes eligible for Medicare (3-1-3 rule)
- Must be enrolled in AABD Medicaid or FamilyCare

#### Medicare Annual Open Enrollment Period (OEP)

- October 15-December 7 of each year
- Can enroll or switch D-SNPs or nonintegrated Medicare Advantage plans for the following calendar year

#### Medicare Advantage Open Enrollment Period

- January 1- March 31
- If already enrolled in a MA plan or D-SNP can switch D-SNPs, enroll in nonintegrated Medicare Advantage plans, or go back to Original Medicare

#### Integrated Care Special Enrollment Period (SEP)

- Monthly opportunity for duals to enroll or switch D-SNPs
- Other SEPs are available to individuals based on circumstances



### **How to Enroll in a D-SNP**

- Enrollments can be done through Medicare.gov on PlanFinder, 1-800-Medicare or through the plan
  - PlanFinder will indicate which plans are D-SNPs
- Enrollment is voluntary, can opt out at any time
- D-SNP will confirm Medicaid eligibility upon enrollment
- D-SNPs are allowed to market unlike MMAI plans. Beneficiaries should confirm marketing claims before enrolling





### What to Consider When Enrolling in a D-SNP

- Clients should compare D-SNPs to find a plan that works for them
- Considerations include:
  - Are their healthcare providers part of the plan's network?
  - Does the formulary cover all of the client's prescription drugs?
  - Does the plan have drug restrictions such as prior authorization for any of their drugs? Prior approval for services?
  - Does the plan offer any extra benefits that might be helpful?



### Illinois MMAI to D-SNP Transition Timeline

Date	Event
7/1/2025	Last passive (automatic) enrollment into MMAI plans
09/18/2025	Last active enrollment into MMAI (beneficiary opts in)
10/15/2025- 12/7/2025	Medicare Annual Open Enrollment Period: Duals who are not automatically transitioned into a D-SNP can enroll in a plan through Medicare.gov plan finder. Coverage will begin on 1/1/2026
12/7/2025- 12/31/2025	Integrated Care Special Enrollment Period: Duals who are not automatically into a D-SNP can enroll in a plan through Medicare.gov plan finder. Coverage will begin on 1/1/2026
12/31/2025	Last day of MMAI coverage
1/1/2026	D-SNP coverage in Illinois begins



### MMAI to D-SNP Transitions for CY 2026

- As of July 2025, 4 out of 5 of the MCOs offering MMAI plans were awarded D-SNPs contracts
  - Aetna, Humana, Meridian, and Molina
  - Awards are not final until CMS approves the D-SNPs
- Enrollees in MMAI plans that were awarded D-SNP contracts will be transferred into a D-SNP with the same parent company
  - Will receive an Annual Notice of Change (ANOC) around 9/30/2025 explaining the transition
  - Can opt out and be in Original Medicare/Medicare Advantage and FFS Medicaid



### **MMAI** and D-SNP Transition: BCBS

- Enrollees in the BCBS Community MMAI plan will receive a notice of non-renewal that their MMAI plan is ending around 9/30/2025
  - Can choose to enroll in a D-SNP or a non-integrated Medicare Advantage plan during the 2025 Medicare Annual Open Enrollment (October 15th – December 7th)
  - In December 2025, individuals can use the new Integrated Care Special Enrollment Period to enroll in a D-SNP
  - If no choice is made, CMS automatically transitions them to Original Medicare with a standalone Part D prescription drug plan starting January 1, 2026



# Let's Check In





### **D-SNP Disenrollment in Illinois**



### Disenrolling from D-SNPs

- Individuals can disenroll from a D-SNP at any time and return to Original Medicare and Fee for Service Medicaid
  - Prescription coverage is from Medicare Part D
  - Can disenroll online (Medicare.gov), calling 1-800 Medicare, or contacting the plan
- Individuals who disenroll can use Dual/LIS Special Enrollment Period
  - Allows individuals to enroll and switch standalone Part D plan monthly
  - Cannot use to enroll in a regular Medicare Advantage plan
- Individuals who would like to enroll in a regular MA plan can use the Medicare Annual Open Enrollment Period (Oct 15- Dec 7) or Medicare Advantage Open Enrollment Period (January 1-March 31)



# Disenrolling from an Illinois D-SNP When Receiving LTSS Services

- If an individual disenrolls from D-SNP and is receiving Long Term Services and Supports (LTSS) they will:
  - Return to Original Medicare, FFS Medicaid, Medicare Part D for prescription drug coverage and HealthChoice Managed Long Term Services and Support (MLTSS) plans for LTSS coverage
  - Must remain in managed care for coverage of LTSS services
- When they disenroll:
  - Will be sent an enrollment packet for a HealthChoice MLTSS plan assigned to them by <u>Client Enrollment Services</u>
  - Will have the option to choose another MLTSS plan



#### What is HealthChoice Illinois MLTSS?

- MLTSS = Managed Long-Term Services and Supports
- For people with full Medicaid and Medicare benefits who receive Long Term Care
- MLTSS is part of HealthChoice Illinois, but only for people with Medicare and Medicaid
  - Only covers LTSS, transportation, and some behavioral health
  - Only time a person with Medicare will be part of HealthChoice IL
  - Mandatory; cannot opt-out



#### **HealthChoice MLTSS Enrollment**

- Individuals receive a notice in the mail instructing them to select a MLTSS plan or they will be assigned to one
  - Have 30 days to choose a plan
  - If client does not select a plan within 30 days, they will be passively (automatically) enrolled in the plan listed in the notice
- Enrollment completed one of two ways:
  - Calling Client Enrollment Services at 1-877-912-8880
  - Online at <a href="https://enrollhfs.illinois.gov">https://enrollhfs.illinois.gov</a>



# Limited Income Newly Eligible Transition Program (LI NET)

- Provides temporary drug coverage to beneficiaries who qualify for Extra Help but are not enrolled in a Part D plan or Medicare prescription drug coverage
- Individuals are temporarily enrolled into the LI NET program until they enroll into or are auto assigned to a Part D plan
  - Should receive notice of enrollment
- LI NET has an open formulary, and copays are Extra Help copays
- Medicare's Limited Income Newly Eligible Transition (LI NET)
   Program



## Let's Check In





## **Illinois D-SNP Benefits**



#### **Illinois D-SNP Benefits**



- Illinois D-SNPs (which are FIDE-SNPs) cover all Medicare and Medicaid benefits
  - Including LTSS, behavioral health, transportation, home health
- D-SNPs have an integrated formulary of drugs that includes prescription drugs and over the counter drugs covered by Medicare Part D and Illinois Medicaid outpatient prescription drug benefit
- Some benefits may require prior authorization or referrals



#### **D-SNP** and LTSS Benefits

- Illinois D-SNPs cover Long Term Services and Supports
- This includes nursing home care and all services under the following Home and Community Based Waiver Services (HCBS):
  - Persons who are Elderly
  - Persons with Disabilities
  - Persons with HIV/AIDs
  - Persons with Brain Injury
  - Supportive Living Program
- Home and Community Based Services Waiver Programs | HFS



#### **Supplemental Benefits**

- D-SNPs can offer supplemental benefits like other Medicare Advantage plans
- Supplemental benefits may duplicate Medicaid benefits
- D-SNPs that have high integration are allowed to offer supplemental benefits beyond what is offered by regular Medicare Advantage plans





#### **Care Coordination**

- D-SNP enrollees will be assigned a care coordinator that will provide care management services
- Enrollees must be given the contact info of a care coordinator or entity providing care coordination services
- Care coordinators have contact requirements depending on high risk the individual is or enrolled in a HCBS waiver



#### **Care Coordination**

- Care coordinators can help D-SNP enrollees with the following:
  - Assessment of enrollee's clinical risks and needs
  - Must screen for transportation, housing, and food needs
  - Must address social determinants of health
  - Options counseling
  - Medication management
  - Health education
  - Coordinate services with community and social services providers
  - Discharge planning
  - Assisting with grievances and appeals





## Services Not Covered by D-SNPs

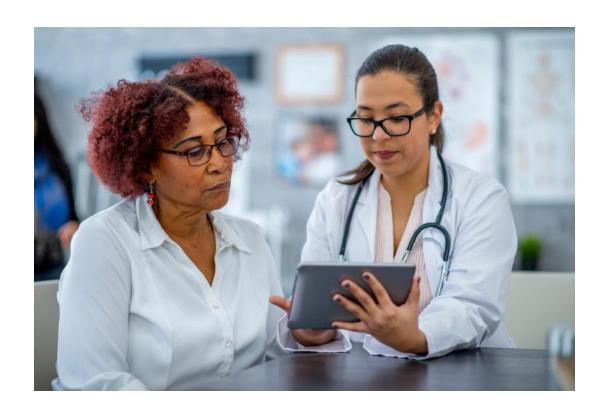


- Experimental services
- Services provided by an out of network provider
- Services provided without required referral and/or prior authorization
- Cosmetic services



#### **Provider Networks**

- D-SNPs have a provider network that individuals must use.
  - Must meet CMS and state
     Medicaid provider network
     adequacy standards
- Contact the plan to check provider networks





## **Continuity of Care**

- Illinois D-SNPs must offer a continuity of care transition period
  - 180 days for those new to D-SNP
  - 90 days for those switching in between D-SNPs
- Allows enrollees to continue receiving care from out of network providers
- D-SNPs must pay for covered services provided by the out of network provider
- D-SNPs must make efforts to recruit out of network providers providing services to enrollees during this time



## **Cost Sharing**

- No premium for the D-SNP plan
- No Medicare Part B monthly premium
- Enrollees may have to pay Extra Help costs for covered drugs
  - In 2026, for less than or equal to 100% FPL pay \$1.60 for generic drugs and \$4.90 for brand name drugs.
  - In 2026, individuals through 150% FPL pay up to \$5.10 for generic drugs and up to \$12.65 for brand name drugs
  - These copays amounts will change every year
  - Unless in waiver or nursing home care



## **Grievances and Appeals**

- Enrollees have the right to file a grievance
  - Can do so internally by filing a complaint with the plan or provider
  - Can do so externally by filing a complaint with 1-800-Medicare
- Enrollees have the right to appeal any decision where services are being denied, reduced, terminated, or suspended
  - First level of appeal is with the D-SNP directly
  - Integrated appeals process for initial decision and 1st level reconsideration. Higher level of appeals are not integrated



## Let's Check In





#### Quick Comparison between D-SNP and Original Medicare and FFS Medicaid

## **D-SNP**

#### **Original Medicare and FFS Medicaid** Costs

Costs

Medicaid benefits

- No Part B premium
- May have Extra Help costs for prescription drugs
- Coverage Coverage
- All Medicare and Medicaid benefits under one plan, including LTSS
- Prior authorization may be required for some services Provides supplemental benefits beyond Medicare and
- Convenience
- Must use provider network to receive coverage
- May need a referral to see a specialist
- Review plan annually to ensure that the plan continues
- to meet health and drug needs **Customer Service**
- Integrated appeals and grievances process Star ratings on Medicare.gov will be available in the future

- Usually no Part B premium May have Extra Help costs for prescription drugs

  - Medicare and Medicaid benefits are administered

separately

- LTSS will be covered through a HealthChoice MLTSS plan
- No prior authorization for most Medicare services
- No supplemental benefits
- Convenience
- Can use any provider that accepts Medicare or Medicaid depending on the service
- Review Medicare Part D plan to ensure that the plan continues to meet drug needs
- **Customer Service**
- Appeals and grievances process are separate
- Medicare: Star ratings on Medicare.gov for standalone Part D plan 56

## **Post-test**







## Please take a few moments to complete the evaluation



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