

AgeOptions
CONGREGATE & HOME DELIVERED MEALS SITE LISTING
Operations Updates as of October 1, 2025

The townships listed for Congregate meals indicates the township in which the site is located. There are no residency requirements for Congregate participation so older adults from any area may attend any site. For Home delivered meals, each distribution point delivers meals to the older adults in the specified township.

SITE MANAGER	AGENCY NAME & ADDRESS	Phone	Home Delivered	Congregate (Dine-Out Restaurants listed at end)	Congregate Serving Times	
					Sit-down	Pick-up
REGION I - SOUTH						
Ola Al Khansheri Nareman Taha	ARAB AMERICAN FAMILY SERVICES Al Bawadi Grill Restaurant 7216 W. 87th Street Bridgeview, IL 60455 ntaha@aafsil.org oalkhansheri@aafsil.org Township: Worth	708-599-2237		X	MON-FRI 1 p.m. - 3 p.m.	MON-FRI 1 p.m. - 3 p.m.
Georgia Triantafyllou	BURBANK/STICKNEY SENIOR LUNCH CENTER Louis S. Viverito Senior Center 7745 S. Leamington Burbank, IL 60459 gtrianafyllou@townshipofstickney.org Township: Stickney	708-636-8850	X	X	MON - FRI 11:45 a.m - 1 p.m.	MON - FRI 10:30 p.m. - 12 p.m.
Emily Daniels	GREATER CHICAGO FOOD DEPOSITORY 4100 W. Ann Lurie Place Chicago, IL 60632 meals@gcfd.org Townships: Rich and Bremen	773 648-4935	X			
Elizabeth Morales	*SOUTH CHICAGO HEIGHTS SENIOR CENTER 3140 Enterprise Park Ave. South Chicago Heights, IL 60411 emorales@mowfni.org Townships: Bloom for Home Delivered Meals. Bloom and Rich for Congregate	708-756-5350	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 9 a.m. - 11:30 a.m.
Jennifer Hamilton	CALUMET TOWNSHIP SENIOR DINING PROGRAM 12633 South Ashland Avenue Calumet Park, IL 60827 Jennifer@calumettownshipil.com Township: Calumet	708-388-6606		X	MON - FRI 11:30 a.m. - 12:30 p.m.	MON - FRI 11 a.m. - 2 p.m.
Stephanie Gasca	*LEMONT SENIOR NUTRITION CENTER 16300 Alba Avenue Lemont, IL 60439 sgasca@mowfni.org Township: Lemont	630-257-0515	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 10 a.m. - 12 p.m.
Macarena Cisneros	PATCHWERKZ 3418 W. North Avenue Stone Park, IL 60165 referral@stajahealth.com Townships: Bremen and Thornton for Congregate	708 887-7425	X			
Jigna Shah	METROPOLITAN ASIAN FAMILY 11225 W. 159th Street Orland Park, IL 60467 jjgnas@unasinc.com Township: Orland	708 675 1980		X	MON - FRI 4 p.m.- 6 p.m.	MON - FRI 3 p.m.- 5 p.m.
Georgia Triantafyllou	NORTH STICKNEY SENIOR LUNCH PROGRAM 6721 W. 40th Street Stickney, IL 60402 gtrianafyllou@townshipofstickney.org Township: Stickney	708-788-9100		X	TUE / FRI 11:30 a.m - 1 p.m.	TUE / FRI 10:30 p.m. - 12 p.m.
Angie Gasca	*HOMETOWN SENIOR DINING PROGRAM Mercy Mosque 8925 South Kostner Avenue Hometown, IL 60456 agasca@mowfni.org Township: Worth	708-422-5180	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 10 a.m. - 12 p.m. (Froz. 5 packs: 10 a.m. - 1 p.m.)

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					Sit-down	Pick-up
Stephanie Gasca	*PHOENIX SENIOR DINING PROGRAM William Hawkins Multi-Purpose Service Center 650 E. Phoenix Center Drive Phoenix, IL 60426 sgasca@mowfni.org Township: Calumet	708-331-2408	X	X	MON - FRI: 11:30 a.m. - 1 p.m.	MON - FRI: 10 a.m. - 2 p.m.
Catherine Stowers Michalina Sokol X (SFMNP)	PATHLIGHTS 7808 College Drive, 5 East Palos Heights, IL 60463 programs@pathlights.org cstowers@pathlights.org Township: Palos and Orland	708-361-0219 Ext. 210	X			
Linda Rager Lt. Dustin Norcross	SALVATION ARMY 2900 W Burr Oak Blue Island, IL 60406 dustin.norcross@USC.salvationarmy.org Linda.rager@usc.salvationarmy.org Linda Rager: 708-332-0101 Township: Calumet	708-332-0100		X	MON - FRI 11 a.m. - 1 p.m.	MON - FRI 11 a.m. - 1 p.m.
REGION II - WEST						
Deb Denny	AGING CARE CONNECTIONS La Bella Banquet Hall (Congregate) 5412 LaGrange Road Countryside, IL 60525 Cantata (HDM. Special Diets) 8700 31st Street Brookfield, IL 60513 ddenny@agingcareconnections.org Townships: Lyons for Congregate; Lyons and Riverside for special diets	708-354-1323 Ext. 232	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 11:30 a.m. - 1 p.m.
Kathy Kozlick	PAV YMCA Dining Program 2947 S. Oak Park Avenue Berwyn, IL 60402 kkozlick@pavymca.org Township: Berwyn	708-749-0606 Ext. 340		X	MON - FRI 11 a.m. - 2 p.m.	MON / WED 11 a.m. - 2 p.m.
Lupe Borjon	*FRANKLIN PARK SENIOR DINING 10040 Addison Avenue Franklin Park, IL 60131 lbjon@cnssa.org Township: Leyden	847-678-8777	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI: 10 a.m. - 2 p.m. (Froz. 5 packs): 10 a.m. - 1 p.m.
Tanya Harrison	*BROOKFIELD COMMUNITY CAFÉ AND WELLNESS CENTER 9022 W. 31st Street Brookfield, IL 60513 tharrison@cnssa.org Townships: Lyons, Berwyn, and Cicero	708-310-4434	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON ONLY (Froz. 5 packs): 10 a.m. - 12 p.m.
Laurie Madden	*SHARP SENIOR CENTER – MELROSE PARK 1609 North 36 th Ave Melrose Park, IL 60160 lmadden@cnssa.org Township: Proviso	708-316-7488	X	X	MON - FRI 11:30 a.m. - 2 p.m.	MON - FRI: 10 a.m. - 2 p.m. MON - FRI (Froz. 5 packs): 10 a.m. - 2 p.m.
Gloria Medina	*BELLWOOD CAFÉ SENIOR DINING PROGRAM West Suburban Senior Services 439 Bohland Avenue Bellwood, IL 60104 gmedina@mowfni.org Township: Proviso	224-446-5163		X	MON - FRI 11:30 a.m.- 1 p.m.	MON - FRI 11 a.m.- 1 p.m.
Mercedes Nash	OAK PARK CENTER SENIOR LUNCH PROGRAM 130 S. Oak Park Avenue Oak Park, IL 60302 mnash@oakparktownship.org Townships: Oak Park and River Forest	708-383-8060 Ext. 134	X	X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 11 a.m. - 1 p.m.

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Marilyn Gooch Rodney Chaney	Maywood Park District Senior Meals Program 921 S. 9th Avenue Maywood, IL 60153 mgooch75@gmail.com coachchaney357@yahoo.com Townships Proviso	773-715-0172 Office: 708-344-4740		X	MON - FRI 11:30 a.m. - 2 p.m	MON - FRI 11:30 a.m. - 2 p.m
Jovita Mijares	OUR LADY OF MOUNT CARMEL 1115 N 23 rd Avenue Melrose Park, IL 60160 seniorsprograms@gmail.com Townships: Proviso and Leyden	708 846-7110		X	MON - FRI 10 a.m. - 12:30 p.m.	MON ONLY 10 a.m. - 12:30 p.m.
Arleen Newhouse	Aging Care Connections-Seniors Assistance Center 7774 W. Irving Park Road Norridge, IL 60634 anewhouse_sac@yahoo.com Township: Norwood Park	708-456-7979	X			
REGION III - NORTH						
Talat Khan Parvez Malik	AMERICAN ASSOCIATION OF RETIRED ASIANS 610 W. Wise Road Hanover Park, IL 60133 talat@retiredasians.org mymalik09@gmail.com Township: Hanover	(630) 803-8130	X M/W/F	X	MON / WED / FRI 12 - 2 p.m.	MON / WED / FRI 12 - 2 p.m.
Saheeda Rashid Nareman Taha	ARAB AMERICAN FAMILY SERVICES Al Bawadi Grill Restaurant 8501 West Dempster Street Niles, IL 60714 srashid@aafsil.org ntaha@aafsil.org Township: Niles	708-599-2237		X	MON - THUR 1 p.m. - 3 p.m. FRI: 1 p.m. - 4 p.m.	MON - THUR 1 p.m. - 3 p.m. FRI: 1 p.m. - 4 p.m.
Caitlin Wilson	MEALS ON WHEELS NORTHEASTERN ILLINOI ARLINGTON HEIGHTS DINING PROGRAM 1801 W. Central Road Arlington Heights, IL 60005 cwilson@mownfri.org Townships: Maine and Wheeling	847 797-5350	X	X	MON - FRI 12: p.m - 1:15 p.m.	MON - FRI 12: p.m - 1:15 p.m.
Wonseok Lee Hong Gyoong Jung	Center for Seniors 3355 N. Milwaukee Avenue Northbrook, IL 60062 centerforseniors1@gmail.com wonseokdavid@gmail.com Townships: Northbrook and Glenview	312 500-3355		X	MON - FRI 11:30 a.m. - 1:00 p.m.	MON - FRI 11:30 a.m. - 1:00 p.m.
Leon Greenberg	CJE SeniorLife Wienberg Community for Senior Living 1551 Lake Cook Road Deerfield, IL 60015 Leon.greenberg@cje.net HDM referrals: hdm@cje.net . Townships: Evanston, New Trier, Niles, Northfield	847-929-3021	X			
Allison Stamp Floire Sposito	HANOVER TOWNSHIP SENIOR DINING PROGRAM 240 South IL Route 59 Bartlett, IL 60103 astamp@hanover-township.org fsposito@hanover-township.org Townships: Hanover	630 483-5600	X	X	MON - FRI 11 a.m. - 1 p.m.	MON - FRI 11 a.m. - 1 p.m.

SITE MANAGER	AGENCY NAME & ADDRESS	Phone	Home Delivered	Congregate (Dine-Out Restaurants listed at end)	Congregate Serving Times	
					Sit-down	Pick-up
Eunji Lee Miram Lee	HANUL FAMILY ALLIANCE 1166 S. Elmhurst Rd. Mt. Prospect, IL 60056 elee@hanulusa.org mlee@hanulusa.org Townships: HDMs - Elk Grove and Schaumburg; Congregate Meals - Wheeling, Maine and Elk Grove	847 439-5195	X	X	MON/TUE/WED/FRI 12 p.m. to 1:00 p.m.	MON/TUE/WED/FRI 12 p.m. to 1:00 p.m.
Jessica Finnegan	KENNETH YOUNG CENTER 1001 Rohlwing Road Elk Grove Village, IL 60007 jessicakennethyoung.org Townships: Elk Grove and Schaumburg	847- 524-8800 X175	X			
Amy Kellogg	LEVY SENIOR CENTER 300 Dodge Avenue Evanston IL 60202 cschwarz@cityofevanston.org Township: Evanston	847 448-8250		X	MON - FRI 11:30 a.m. - 1 p.m.	MON - FRI 11:30 a.m. - 1 p.m. OR TUE (Frozen 5 packs): 11:30 a.m. - 1 p.m.
Jennifer Begovic	Mather LifeWays Skokie - Partnership (not Title III) Ethical Humanist Society 7574 N. Lincoln Ave. Skokie, IL 60077 jbegovic@MatherLifeWays.com Townships: Niles and Evanston	847 644-6071			Partnership (Not Title III)	
Jillian Palmer	Meals on Wheels Northern Illinois at Niles Senior Center 999 Civic Center Drive Niles, IL 60714 sitecoordinator@mealsonwheelsnei.org ipalmer@mealsonwheelsnei.org Townships: Niles and Maine	847 332-2678		X	MON - FRI 11:30 a.m. - 12:30 p.m.	MON - FRI 11:30 a.m. - 12:30 p.m.
Jahnavi Bavisi	METROPOLITAN ASIAN FAMILY SERVICES SENIOR NUTRITION PROGRAM - Niles 9015 N. Milwaukee Avenue Niles, IL 60714 jahnavib@umasinc.com Townships: Niles and Maine Townships	847- 824-9414		X	MON - FRI 12:30 p.m. - 1:30 p.m.	MON - FRI 12:30 p.m. - 1:30 p.m.
Diptiben Shah	METROPOLITAN ASIAN FAMILY SERVICES SENIOR NUTRITION PROGRAM - Schaumburg 1421 S. Roselle Road Schaumburg, IL 60193 diptis@umasinc.com Township: Schaumburg	847- 824-9414		X	MON - FRI 12:30 p.m. - 1:30 p.m.	MON - FRI 12:30 p.m. - 1:30 p.m.
Daryl Torina Diane Lancour	PALATINE TOWNSHIP SENIOR CITIZENS COUNCIL 505 S. Quentin Road Palatine, IL 60067 dtorina@ptscc.org dlancour@ptscc.org Township: Palatine Township	847- 991-1112	X T/W/F			
Caitlin Wilson	*SCHAUMBURG SENIOR DINING PROGRAM The Barn 231 Civic Drive Schaumburg, IL 60193 cwilson@cnnssa.org Township: Schaumburg	847- 524-7496		X	MON / WED 11:30 a.m. - 12:30 p.m.	MON - FRI: 12 p.m. - 1:30 p.m.

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					Sit-down	Pick-up
Michelle Torres Shari Huizar	VILLAGE OF WHEELING SENIOR SERVICES 100 Community Boulevard Wheeling, IL 60090 mtorres@wheelingil.gov SHuizar@wheelingil.gov Township: Wheeling	847-459-2670 (Village) 847-459-2672 (Sheri)		X	MON - FRI 11:30 - 12:30	MON - FRI 12 P.M. - 1:30 P.M.
Chong Li William Xiao	XILIN ASSOCIATION at CHINA BUFFET 230 West Rand Road Arlington Heights, IL 60004 johnli@xilin.org wei_xiao54@yahoo.com Township: Wheeling	Xilin Association 630 355-4322		X	M/W/F 12:00 p. m. - 1:30 p.m.	M/W/F 12:00 p. m. - 1:30 p.m.
Chong Li William Xiao	XILIN ASSOCIATION at NOODLE DELI 2 Golf Center Hoffman Estates, IL 60169 johnli@xilin.org wei_xiao54@yahoo.com Township: Schaumburg	Xilin Association 630 355-4322		X	M/W/Th/F 11:30 - 2:20 Call for time	M/W/Th/F 11:30 - 2:20 Call for time

*Sites operated by the Community Nutrition Network, 3239 Grove Ave., Suite 202 Berwyn, IL 60402; T: 312-207-5290; F: 312-441-0641
Call individual meal sites for availability of medically tailored diets

DINE-OUT (Congregate) RESTAURANT PROGRAMS						
CONTACT PERSON	RESTAURANT NAME	PHONE				
Mercedes Nash Oak Park Township Senior Services	ROBINSON'S RIBS 940 Madison St Oak Park, IL 60302 708 383-8452	708- 383-8060 Ext 134		X		CALL
MEAL KIT (Food Delivery) PROGRAMS						
Tom Defelice	TOP BOX FOODS tom.defelice@topboxfoods.com Township: All in AgeOptions Service Area	312 527-7890	X		N/A	N/A